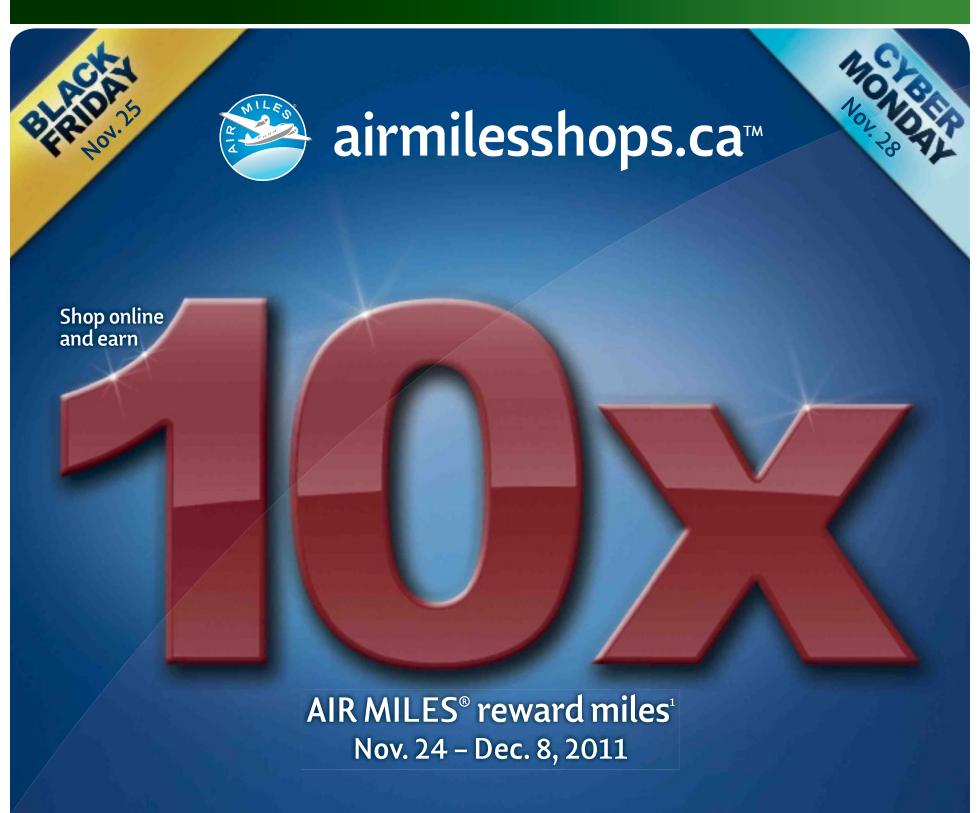


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Winter blast wont last

● December looking to continue November's above average temperature trend, weather office says ● Weekend highs forecast at 10 C for Saturday and 12 C Sunday: Environment Canada

The first snowfall of the season brought about 8 cm of snow to the National Capital Region and a flurry of collisions on roadways yesterday morning.

Ottawa police said there were 57 reported collisions yesterday morning and 46 of them occurred between 6 and 10 a.m.

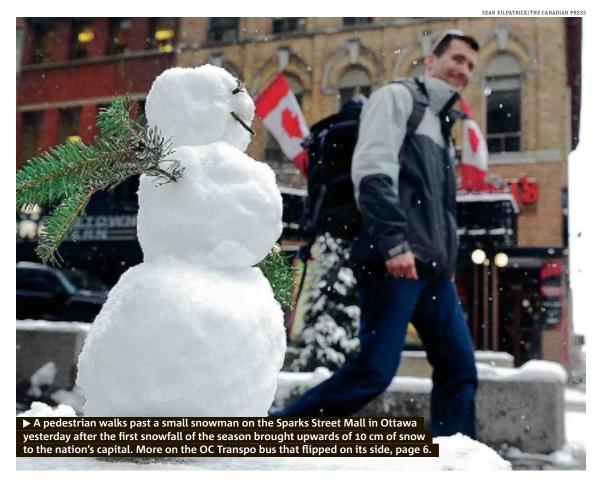
To put that in perspective, a police spokesperson said they get an average of 60 reported collisions in a full 24 hours in Ottawa. Transit users posted pictures online of an OC Transpo flipped on its side in a ditch along the Transitway near the Queensway Station.

OC Transpo spokesperson Jocelyne Turner said the bus was not in service at the time and there were no passengers on board.

The driver was uninjured, Turner said. In all, 30 buses were impacted to some degree due to weather conditions, said Turner.

Relief from the slippery roads is on the way, Environment Canada forecasts.

"The snow will likely disappear by the weekend," said meteorologist Peter Kimbell, with temperatures expected to reach double digits after Friday. • JOE LOFARO



Loca

A voice for the victims

Ottawa mom wants the 9-year-old who threatened her daughter to be expelled {page 3}

Flameless candles

A safe, bright idea for creating a magical holiday mood {page 40}



Occupiers evicted

After a month camped out in Confederation Park, what's next for the movement? {page 4}



Front Porch



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Two days left to weigh in on passport fees

Passport Canada is being tight-lipped about plans to hike passport fees and what Canadians are telling the agency about the idea.

"When we have more to say, we will," is all spokesperson Béatrice Fénelon would say about plans to ask Parliament to raise the price of a fiveyear passport to \$120 from \$87. A new 10-year passport would cost \$160.

Consultations to approve the fee hike — a requirement of the User Fee Act — began on Nov. 10 and end tomorrow.

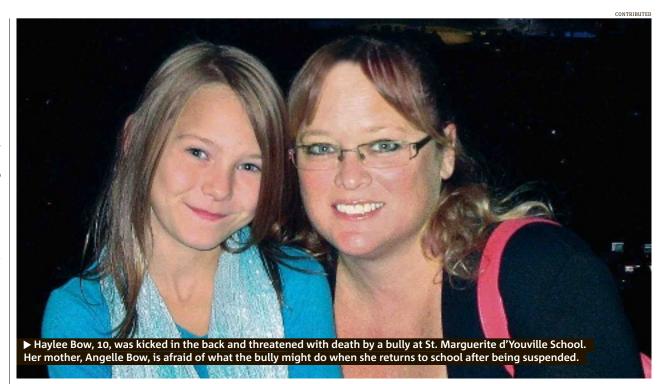
The fee increase comes as Passport Canada is introducing ePassports, which contain an embedded microchip. "This new passport book will be more resistant to tampering and will make illicit travel, such as travelling under a false identity, more difficult," the Passport Canada website says. The new fees are to come into effect sometime in 2013.

NDP MP Jinny Sims said the new fees will put passports out of reach for many families.

"Having a passport is becoming more and more essential, even to go over the border into the United States. If you've got a family of four, you're looking at an incredible amount of money." • JESSICA SMITH

Let 'em have it

To comment on the increase, go to ppt.gc.ca, click on "consultations" and follow the steps listed there



Mom fights back against school bully

• Mother whose daughter was threatened at school says she's speaking out about bullying because someone has to be a voice for other victims



An Ottawa mom wants the nine-year-old who threatened her daughter and brought a knife to school expelled, saying she's afraid of what will happen when the student returns to school.

Angelle Bow said her daughter, Haylee, 10, was kicked in the back during an anti-bullying assembly, then threatened after she intervened when the bully was assaulting her friend "I'm going to Google your name, kill your moms, make you watch and then I'm going to kill you."

SCHOOL BULLY TO HAYLEE BOW AND HER FRIEND, ACCORDING TO ANGELLE BOW

at St. Marguerite d'Youville School.

According to Bow, the bully also told her daughter and her friend that she was going to bring a bag and a knife to school so she could suffocate and stab them.

"Then on Monday she made good on her threat and showed up at school with a knife," Bow said. "The kid's been suspended for a few days, but then she's going to be back among the populace when the suspension is lifted, and that doesn't go over very well."

Bow said the bully should be expelled from the school and educated at a facility equipped to help her deal with her behavioural problems. "Get her the help that she needs,

because she clearly needs help."

Bow plans to approach the school board and the provincial government, if necessary, to make sure the bully doesn't return to her daughter's school.

"I know that bullying needs to be handled much more seriously and not with kid gloves because we don't want to hurt anybody's feelings. When a child is making serious threats and doing serious actions there should be serious repercussions," she said.





Of all the Republicans seeking the presidential nomination, 76-year-old Ron Paul is having the most success with voters under 30. Scan code for story.

To scan 2D barcodes in Metro, download the free ScanLife app at 2dscan.com.

On the web

A Canadian film about the experiences of correspondents in warzones has made the short list of 15 documentaries in the running for an Oscar. Video at metronews.ca/video



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• After more than a month camped out in Confederation Park, Occupy protesters have been evicted, but they say they aren't done • For its part, the NCC says the park has been cleaned and reopened, and there were no signs of property damage • The questions now: What was learned, what was spent and what's next?





Ottawa occupiers get the boot



ccupy Ottawa protesters swarmed the front entrance of the National Capital Commission yesterday afternoon after being arrested by police and released from custody in the middle of the night.

Ottawa police removed the protesters from Confederation Park shortly after 2 a.m. yesterday, just in time for the first snowfall of the season.

The tents, crates, flags and the plastic children's play-castle that protesters had set up in and around the park's fountain as a barricade were gone by morning rush hour.

Police came 26 hours after the deadline — Monday at 11:59 p.m. — that the NCC gave protesters in an eviction notice on Monday afternoon. Ten cruisers and 75 to 150 officers surrounded and cordoned off access to the park, protesters said.

Twenty-five people were in the park and eight were arrested and charged with trespassing, police said

"(Police) were emptying tents and ushering those willing away off the park, then, eventually, forcibly removing those who chose to passively resist," said

protester Paul Boudreau, who watched the eviction from outside a police-tape barrier.

He said some were carried off gently, but one protester — Obert Madondo — was dragged by four officers.

"They dragged me for a distance — it was very rough," said Madondo as he limped toward the NCC protest on Elgin Street with his arm in a sling. "Then they dropped me

and I hit my head on the road."

He was treated at the Ottawa Hospital for arm and leg injuries after officers disentangled protesters who had chained themselves together. They had also linked arms and legs, which made the arrests even more difficult.

Madondo said his injuries weren't serious, but added police treated him differently from his colleagues. He said he will

consult with his colleagues before making a decision on whether to file a complaint with police regarding his arrest.

Many of the protesters who were arrested were shouting at the NCC entrance, "The people united will never be defeated."

The group was set to attend a general assembly meeting last night at the University of Ottawa to determine how to keep the movement alive.

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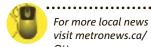
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Work on Carling Ave. water main wraps up

Work on the Carling Avenue water main is finished and roads in the area will be reopened soon, according to the ward councillor.

The large water main was finished six months ahead of schedule and is now ready for pressure testing by the contractor and disinfection by the city, said River Coun, Maria McRae in a letter to constituents.

JESSICA SMITH



For more local news visit metronews.ca/

Coun. wants more out of program

Chair of the Environment Committee Coun. Maria McRae wrote a letter to the province Monday, complaining that Stewardship Ontario isn't living up to promises to pay for the disposal of hazardous

household waste.

Stewardship Ontario collects fees from importers and manufacturers of hazardous waste to pay for the safe disposal of their prod-

Stewardship Ontario is supposed to cover the city's entire costs for disposal of hazardous waste, but the funding falls short of the cost by \$430,000, McRae wrote.

JESSICA SMITH



Passenger was upset about bus being late: Union official



An OC Transpo driver suffered a bruised eye and cheek yesterday morning after a passenger punched him in the face on the 96 to Kanata, cops say. Police said the incident

happened around 9 a.m. and the passenger was being belligerent. Since the driver is not going to press charges, the investigation was handed over to OC Transpo, police said.

Amalgamated Transit Union local 279's grievance officer Michel Fecteau said the passenger, believed to be 16 or 17 years old, was upset because the bus was

"While he was paying

(the fare) he berated the operator, swearing at him for being late," said Fecteau. "The operator just asked him to be careful with his language."

That's when the passenger walked to the front of the bus and "sucker punched" the driver in the face before running away, Fecteau said. The driver later sought medical atten-

"I hope that OC Transpo will support the driver to make sure he's fine and do a follow up on him," said Fecteau.

City Ottawa spokesperson Jocelyne Turner said OC Transpo is investigating the incident and has the power to "lay infractions," depending on their findings.

Wintry. Sight



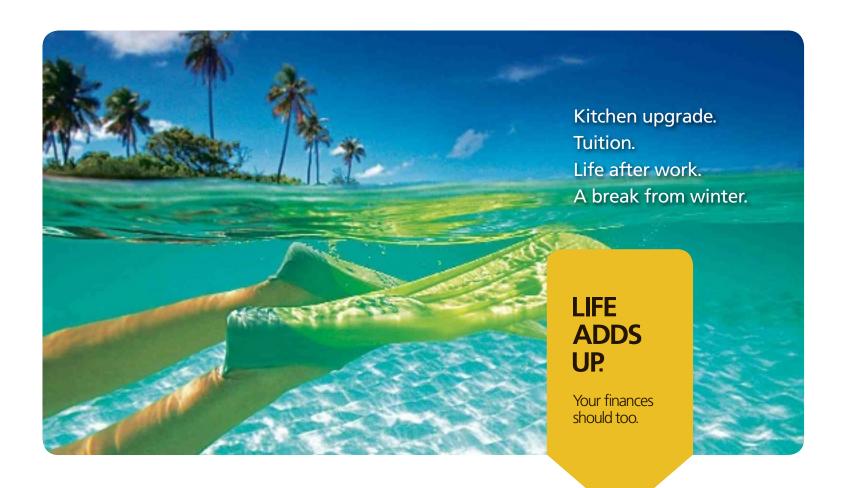
Bus rolls over after snowfall

Fire fighters were called to the scene of a bus rollover at 7:10 a.m. yesterday. According to the fire service there were no passengers on the bus and the driver had escaped from the vehicle through the roof hatch. There was no fuel spill or hazard, fire officials said.



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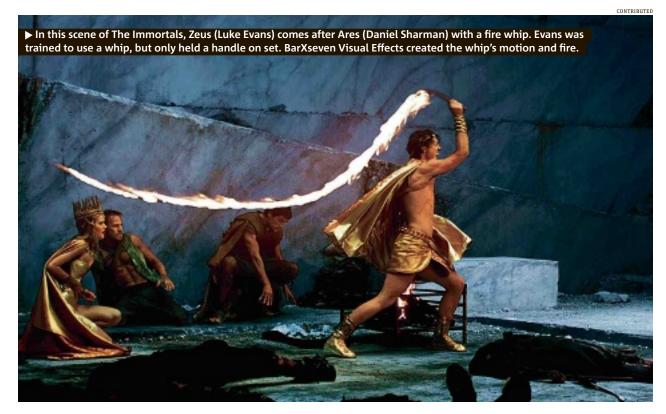
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Ottawa man's magic is Immortal



◆ Had hand in 3-D flick's special effects ◆ Movie cost more than \$75M



It's not easy to put a fire whip in the hand of a god or make heads explode in super-slow motion, according to the owner of the special-effects company that made those things happen in the movie The Immortals.

The work is a combination of computer science, engineering and fine art, which makes even the violent scene interesting and artistic to look at, said Ottawa native Jay Randall, president of BarXseven Visual Effects.

"Mainly we did some of the more violent sequences," he said. One of the scenes Randall and his team worked on shows the god Ares — who moves as quickly as only gods can — fighting the human Heraklions, who are "the bad guys in the movie."

"We shot them at superslow motion, so that it looks like, when Ares is moving through them, they're almost like statues, they're barely moving," he said. "And when he swings with his war hammer and knocks their heads off, all of their heads essentially exploded in super-slow motion. It's a fairly graphic scene."

"There was a balance we tried to find, and I think we were quite successful at it"

Condo AGM postponed after students submit petition

A South Keys condo board that passed a rule effectively banning student tenants has put off its annual general meeting after angry students gave them a petition with names of condo owners opposed to the rule.

The Southgate Road condo board passed a rule in October saying unit owners can only rent to single families. This includes parents and children, married couples or people in a "conjugal relationship," two or more persons intend-

The Southgate Road ing to live together perondo board passed a manently, or someone le in October saying who is a caregiver for nit owners can only someone else.

Carleton University student Nicholas McLeod says the rule discriminates against student renters who are virtually the only group who rent as unrelated tenants.

In order to overturn the ruling, McLeod needed a petition with 15 per cent of the condo's homeowners stating they disagree with the ruling — a quota he filled just before the obligatory 30 days were up.

The condo board's AGM was supposed happen Tuesday, but was postponed to Dec. 6 in order to deal with the issue.

Although renters are not allowed to attend the meeting, McLeod said he's confident his petition will receive the 25 per cent quorum it needs to overturn the ruling.

"The sense I feel in the community is that many are appalled at what's happening. So I'm very confident that the people of the community will stand up and say no," he said. OTTAWA THIS WEEK



philosophy



philosophy: believe in miracles



Richmond Rd. death not suspicious: Police

• Foul play ruled out in discovery of body outside Marina Bay highrise



Ottawa police say the death of a 28-year-old Ottawa man whose body was found outside of a Richmond Road condo early yesterday morning is no longer considered suspicious.

An autopsy was performed yesterday, but po-

lice would not release any further details.

A man called 911 just after 4:30 a.m. when he saw someone lying on the ground outside the entrance of the Marina Bay highrise.

Sgt. Reg Macdonald with the Ottawa Police Service said the man was pronounced dead on scene.

Tyler Guthrie left his

apartment at William Mosgrove Towers at 8:15 a.m. when he saw three police cruisers outside the building next to his.

"I saw police with what looked like a sled with a body on top covered up and an individual taking a picture of the face of the deceased individual," said Guthrie.

"It makes me feel a little bit uneasy." Guthrie said he also saw police activity at the bus shelter about 50 feet away from the scene.

Police had caution tape set up around the shelter, but an officer removed it at around 11 a.m. yesterday.

Police cordoned off the front entrance area of the condo yesterday with caution tape as they conducted their investigation.







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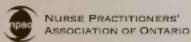


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Submerged-car girl tried suicide, court told

A court heard yesterday about the gruesome home life of a teenage girl allegedly killed by her family along with her two sisters.

Sahar Shafia confided in school and child protection authorities that she was being pressured to wear a hijab, the court in Kingston was told.

She was also being shunned at home, so she tried to kill herself, the court heard.

Shafia, then 16, told a school assistant principal her parents had barely spoken with her in the previous eight months.

She also said she was subject to verbal and physical abuse by her older brother, the assistant principal told court.

It was all too much, so she took some pills in a



suicide attempt, assistant principal Josee Fortin said.

"I had enough," she said Sahar told her. "I wanted to die.'

The bodies of Sahar, 17, her sisters Zainab, 19, and Geeti, 13, along with the body of Rona Amir Mohammad, 50, one of their father's two wives, were found in a car submerged in a Kingston canal.

THE CANADIAN PRESS

Family on trial

- The parents, Tooba Mohammad Yahya, 41, and Mohammad Shafia, 58, and brother Hamed, 20, have pleaded not guilty to first-degree murder.
- When Sahar tried to kill herself, her mother said something to the effect of. if she wants to die, let her, the court heard.

Protesters feel the heat — and cold

Toronto camp dismantled almost peacefully Snow gives Montreal campers the shivers

Occupy Toronto protesters bowed to the inevitable yesterday after a 39-day

Scores of police and bylaw officers armed with a court order moved into a downtown park to dismantle the Occupy camp.

The utopian protest encampment was reduced to a jumble of tarpaulins, tent poles and mud.

Meanwhile, the interaction between police and demonstrators remained cordial, even courteous.

One protester offered officers tulips. Another shook hands with police, thanking them for their restraint.

The end appeared to come as a relief to the shrinking number of activists. "It's really calm," said protester Katie Berger. "Everyone has planned for

But one woman was arrested. She went limp and

"I wish it was over. I'm tired."

A FORLORN YOUNG PROTESTER

was carried away. Two others were arrested later as a crowd chanted "shame!

Other flashpoints: VANCOUVER

Police moved in early yesterday to dismantle a second Occupy site that sprang up after the initial site at the art gallery was deemed illegal and ordered removed.

MONTREAL

Occupy Montreal tents sagged under the weight of snow as the city faced its first major storm of the season.

Mayor Gerald Tremblay has asked the protesters to leave the site in Montreal's financial district.

Organizers have said thev have no plans to move.

THE CANADIAN PRESS



Occupy? It's a web of laughs

The Occupy protests have spawned all kinds of Internet fun.

The California cop who pepper-sprayed protesters is known as 'Pepper Spraying Cop' online. A meme shows him pepper-spraying famous figures in history. George Washington gets it. So does Jesus.

There have been other online pranks. One image of a cat bears a note: "I am the 99 purrcent."

Says the Cookie Monster: "99 per cent of the world's cookies are consumed by 1 per cent of the mon-

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ARAB SPRING

YEMEN PRESIDENT AGREES TO STEP DOWN

Yemen's authoritarian President Ali Abdullah Saleh yesterday agreed to step down amid a fierce uprising to oust him after 33 years in power. The U.S. and its powerful Gulf allies pressed for the deal, concerned that a security collapse in the impoverished Arab nation was allowing an active al-Qaida franchise to gain a firmer foothold.

Saleh is the fourth
Arab leader toppled in
the wave of Arab Spring
uprisings this year, after
longtime dictators fell in
Tunisia, Egypt and Libya.
The deal gives Saleh immunity from
prosecution —
contradicting a key
demand of Yemen's opposition protesters.
Seated beside Saudi

Seated beside Saudi King Abdullah in the Saudi capital Riyadh, Saleh signed the U.S.backed deal hammered out by his country's powerful Gulf Arab neighbours to transfer power within 30 days to his vice-president, Abed Rabbo Mansour Hadi. That will be followed by early presidential elections within 90 days.

He was dressed smartly in a dark business suit with a matching striped tie and handkerchief, and he smiled as he signed the deal, then clapped his hands a few times. He then spoke for a few minutes to members of the Saudi royal family and international diplomats, promising his ruling party "will be co-operative" in working with a new unity government.

"This disagreement for the last 10 months has had a big impact on Yemen in the realms of culture, development, politics, which led to a threat to national unity and destroyed what has been built in past years," he said.

THE ASSOCIATED PRESS

Egypt military faces world condemnation

UN official calls for prompt, impartial and independent investigation
Brief truce falls apart as protesters battle police at Tahrir Square

International criticism of Egypt's military rulers mounted yesterday as police clashed for a fifth day with protesters demanding the generals relinquish power immediately. A rights group raised the death toll for the wave of violence to at least 38.

The United Nations strongly condemned authorities for what it deemed an excessive use of force. Germany, one of Egypt's top trading partners, called for a quick transfer of power to a civilian government. The U.S. and the UN secretary-general have already expressed their concern over the use of violence against mostly peaceful protesters.

Navi Pillay, the UN High Commissioner for Human Rights, deplored the role of Egypt's security forces in attempting to suppress protesters.

"Some of the images coming out of Tahrir, including the brutal beating of already subdued protesters, are deeply shocking, as are the reports of unarmed protesters being shot in the head," Pillay said.

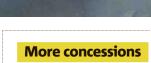
Clashes resumed for a fifth day despite a promise by the head of the ruling military council on Tuesday to speed up a presidential election to the first

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half of next year, a concession swiftly rejected by tens of thousands of protesters in Tahrir Square.

Elnadeem Center, an Egyptian rights group known for its careful research of victims of police violence, said late Tuesday that the number of protesters killed in clashes nationwide since Saturday is 38. THE ASSOCIATED PRESS

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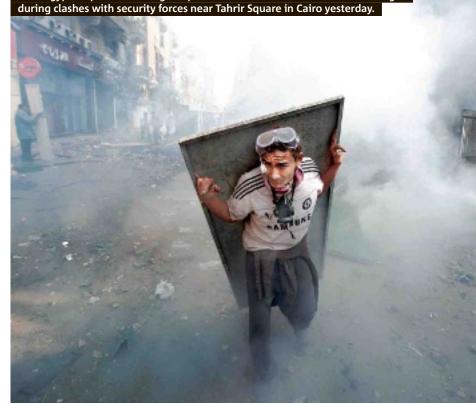


The government offered more concessions, ordering the release of 312 protesters detained over the past days and instructing civilian prosecutors to take over a probe the military started into the death of 27 people, mostly Christians, on Oct. 9.

Israel preparing for worst

Watching from the sidelines yet feeling much involved, Israel is preparing for the worst in Egypt, concerned about the fate of the 1979 peace treaty.

THE ASSOCIATED PRESS



► An Egyptian protester using scrap metal as a shield takes cover from tear gas







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U.S. stands firm after Russia threat

♠ Medvedev warns Moscow may opt out of START arms control deal

The White House says the U.S. will not limit or change its missile defence plans in Europe amid new threats from Russia.

Spokesman Tommy Vietor says the U.S. has been open and transparent with Moscow on its missile defence plans in Western Europe. The U.S. has repeatedly said those plans reflect a growing threat from Iran.

His comments follow Russian President Dmitry Medvedev's assertion yesterday that Russia would target the U.S. missile shield if Washington fails to assuage Moscow's concerns, The ASSOCIATED PRESS

Tit for tat

- The U.S. plan calls for placing land- and sea-based radars and interceptors in European locations, including Romania and Poland, over the next decade and upgrading them over time.
- Medvedev warned that Moscow would deploy short-range Iskander missiles in Kaliningrad, a Baltic Sea region bordering Poland, and place weapons in other areas in Russia's west and south to target U.S. missile defence sites.



Rains batter eastern Sicily

Torrential rain battered eastern Sicily yesterday, and mudslides killed at least three people and have swept away cars and washed out bridges. A mudslide in the hamlet of Saponara killed a 10-year-old boy as his family fled their home. Much of Italy's terrain is landslide-prone, and many have built homes on steep hillsides in defiance of warnings by geologists.





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Anti-nuke anger flies off the rails

• Vehicles torched, tear gas fired amid row over 'radioactive train'

The shadow of Japan's nuclear disaster loomed over violence in northern France yesterday.

Riot police fired tear gas at anti-nuclear protesters in a Normandy field and vehicles were set aflame.

Activists damaged a railway and delayed the departure of a train carrying recycled uranium to Germany.

"Stop This Radioactive Train," read banners waved by protesters.

The train finally left the depot at Valognes, but was expected to meet protests and resistance all along its journey from a nuclear-waste-processing site on the English Channel to a storage site in northern Germany.

Protesters point to the disaster at Japan's Fukushi-

Europe's stance

- Chancellor Angela
 Merkel's government has
 decided to shut all
 Germany's nuclear plants
 by 2022.
- ▶ French President Nicolas Sarkozy has reiterated his commitment to nuclear power. France is more reliant on nuclear power than any other country, with the majority of its electricity coming from atomic reactors.

ma nuclear plant after a tsunami earlier this year as an urgent reason to abandon atomic power.

In Germany, police were preparing a big security operation to protect the nuclear waste shipment. THE ASSOCIATED PRESS



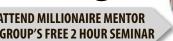


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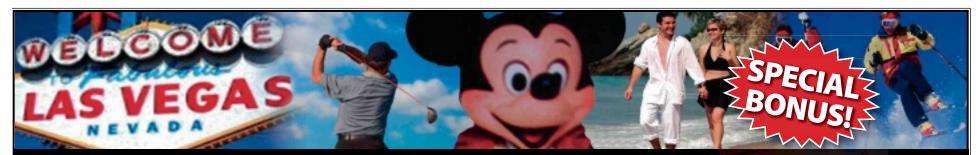
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B.C. judge justifies polygamy law

○ Judge upholds centuries-old ban on polygamy **○** Says harm to women and children outweigh freedom-of-religion rights

Chief Justice Robert Bauman of the B.C. Supreme Court concluded yesterday that Canada's polygamy law is valid as long as it isn't used to prosecute child brides, and he suggested it should be interpreted that

"This case is essentially about harm. ... This includes harm to women, to children, to society and to the institution of monogamous marriage," wrote Bauman. "Polygamy's harm to society includes the critical fact that a great many of its individual harms are not specific to any particular religious, cultural or regional context. They can be generalized and expected to occur

"There can be no alternative to the outright prohibition. There is no such thing as so-called 'good polygamy."

CHIEF JUSTICE ROBERT BAUMAN, **B.C. SUPREME COURT**

wherever polygamy exists."

Bauman's decision isn't binding, although the case is expected to end up at the Supreme Court of Canada, which would have the final say on Canada's polygamy law. George Macintosh, a lawyer appointed to oppose the law at the hearings, said he would likely launch such an appeal.

The case was prompted by more than two decades of controversy surrounding the isolated religious community of Bountiful, B.C., where residents follow a fundamentalist form of Mormonism that believes polygamy is required to attain the highest level of heaven.

The failed prosecution of two leaders from the community - Winston Blackmore and James Oler set the stage for the current constitutional reference.

"I certainly don't plan on dropping my faith and running away," said Blackmore upon hearing the de-

THE CANADIAN PRESS



7 charged in Amish attacks

The leader of a breakaway Amish group allowed the beatings of those who disobeyed him, made some members sleep in a chicken coop and had sexual relations with married women to "cleanse them," federal authorities said yesterday as they charged him and six others with hate crimes in hair-cutting attacks against other Amish.

Authorities raided the group's compound in eastern Ohio earlier in the day

and arrested seven men, including group leader Sam Mullet and three of his sons. Several members of the group carried out the attacks in September, October and November by forcefully cutting the beards and hair of Amish men and women and then taking photos of them, authorities said. Cutting the hair is a highly offensive act to the Amish, who believe the Bible's instructions to keep them long.

THE ASSOCIATED PRESS

Mullet's defense

Mullet's defence attorney said that his client plans to fight the federal charges.

- Mullet said he didn't order the hair-cutting but didn't stop the crime either.
- His goal was to send a message to other Amish that they should be ashamed of themselves for how they were treating Mullet and his community.



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Americans give thanks

About 42.5 million people are expected to drive, fly or ride trains to their Thanksgiving destinations, according to travel tracker AAA. That's the highest number since the start of the recession in 2008, despite an average 20 per cent increase in travel costs.

'Benton' sweeps Internet

◆ British man cursing his dog goes viral with 700,00 views ◆ Multiple spoofs follow

"Benton! Benton! Jesus Christ!"

That was the cry heard around the world this week, when a video of a British man cursing his dog — as the dog chases some deer — went viral. (Search for Jesus Christ in Richmond Park.)

Within hours, a spoof video had gone up: "Jesus Christ in Jurassic Park," which places the "Benton!" audio track over footage of rampaging dinosaurs.

Then more parodies hit: Braveheart, Back to the Future, Jumanji, The Lion King, Alien.

How does someone make a viral video of a viral video so quickly? We contacted the "Jurassic" creator.

"My niece put the original on Facebook when it first came out and had like





1,000 views," says David Bow, 32, a freelance video editor from London. "It cracked me up because I used to have a Labrador, too, and he'd always be get-



Scan code to watch Jesus Christ in Richmond Park.

ting me in to all sorts of mischief."

Bow had watched "Jurassic Park" three nights before and thought the scenes would match. The execution was done quickly: "I played three games of FIFA first so about 40 minutes."

Once posted, his parody landed on the front page of influential website Reddit, where it was rated highly.

Bow says the video became popular because, "If I'm being honest? Talent. I'm not being arrogant here but I think people recognize talent."

METRO WORLD NEWS





Malls to be occupied on this Black Friday

Targeted marches planned since camps broken up • Hit list includes big chain stores in suburbs

Occupy protesters want shoppers to occupy something besides door-buster sales and mall parking lots on Black Friday.

Some don't want people to shop at all. Others just want to divert shoppers from big chains and giant shopping malls to local mom-and-pops.

And while the actions don't appear co-ordinated, they have similar themes: supporting small businesses while criticizing the day's dedication to conspicuous consumption and shopping that fuels big corporations. Nearly each one promises some kind of surprise action on the day after Thanksgiving — the start of holiday shopping season.

In Seattle, protesters are carpooling to Walmart stores to protest with other Occupy groups. Washington, D.C., is offering a "really, really free market," where people can donate items they don't want so others can go gift shopping for free.

Others plan to hit the mall, but not for shopping. The 75-person encampment in Boise, Idaho, will

send "consumer zombies" to wander around in silent protest. In Chicago, protesters will serenade shoppers with revamped Christmas carols about buying local. The Des Moines, Iowa, group plans flash mobs at three malls

That may not fly with small businesses wary of any association with the movement, which presents itself as pushing back against corporate power.

Trying to shop exclusively local neglects economies of scale, job specialization and other benefits that big, multi-state corporations can bring, said George Mason University economist Russ Roberts. "Don't punish yourself by not shopping where you can get the best deal; that's foolish," Roberts said. THE ASSOCIATED PRESS

Businesses, small and large, can invest: Carney

Bank of Canada governor Mark Carney says growing access to capital should make Canadian businesses confident to invest, despite the financial chaos that has rocked Europe and troubling signals out of the United States.

"Given the relative attractiveness of Canada in global terms, Canadian businesses large and small can expect continued access to capital and that's extremely important because that allows to plan for the medium and long term," he said yesterday.

While Canadian trade with Europe remains relatively low, there are tremendous opportunities, even with Europe's debt crisis, Carney said. Carney cautioned against overreaction during a period of international volatility.

The head of the Montreal Board of Trade said Car-



ney's comments are reassuring to entrepreneurs who wonder if the time is right to develop their businesses and export markets.

"The worry is when they hear that in Europe investments are slowing down and the fear is a form of contagion," said Michel Leblanc. "The answer today was reassuring that the Canadian system seems to be strong enough that Canadian businesses need not have to worry."

Carney forecast

- Carney said interest rates will remain low as the central bank tries to keep the economy moving.
- He says the economy rebounding in the third quarter and in October is a temporary respite from the approaching storm.
- He conceded that the end of 2011 will be better than projected at two per cent in the third quarter and 0.8 per cent in the fourth. Economists expect the third quarter to come in at three percent or higher.
- Carney maintained that the economy will grow 1.9 per cent next year, emphasizing risks remain high.
- He predicted inflation will slow from 2.9 per cent to about one per cent by mid next year as oil and food prices moderate.

Nokia cuts jobs and costs to compete

Nokia Siemens Networks is slashing 17,000 jobs worldwide by 2013 – nearly 23 per cent of its workforce — as it strives to cut costs by about \$1.35 billion US a year. The world's No. 2 mobile infrastructure maker said yesterday the measures are part of restructuring to make the company more flexible and efficient as it struggles against Asian rivals. THE ASSOCIATED PRESS

Tastes like pork but it's goose: Rabbi

Israel's chief rabbi is bringing home the bacon. Yona Metzger's office says it is primed to allow import of an organic goose grown in Spain that tastes like pork. Metzger says three nonlewish chefs confirm its swinish flavour. Jewish dietary law forbids eating pork. There is no Jewish injunction against eating goose that is slaughtered according to Jewish ritual, he says. THE ASSOCIATED PRESS

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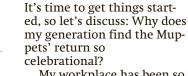
TAKE NOTICE that the annual meeting of members of the Ottawa School of Art will be held at the Ottawa School of Art, 35 George St. in the City of Ottawa on Tuesday, November 29, 2011 at 7pm for the purpose of: hearing and receiving reports and statements, electing directors, appointing an auditor and the transaction of any other business for which purpose notice has been given. For information please call 613-241-7471 or visit www.artottawa.ca.

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'15 SECONDS TO CURTAIN' **LOVE AFFAIR**

HE SAYS ...

JOHN MAZEROLLE METRO





My workplace has been so overrun with Muppet talk lately that one boss said he wouldn't take part in any more conversations unless they were Muppet-free. Embracing our good fortune, my co-workers and I spent days defending our favourite Muppets with a vigour most people save for discussing

which is the one true religion.

Let's be honest. The which-Muppet-is-best argument is silly, especially when one considers that Rowlf is the Ultimate Muppet, or "UltiMuppet," end of story.

That truth aside, the conversation still left me won-dering what it is about the Muppets that captures everyone's imagination.

Have you ever had a girlfriend or boyfriend where all the things that bugged you in other partners seemed cute in her or him? That's the Muppets.

The show is soaked in irony, but is sincere and sweet. The franchise rakes in cash, but it feels like they're doing it for free. The jokes are cornier than anything this side of Hee Haw, but it's still hilarious.

Bring a Muppet to almost anything and it

"Bring a Muppet to almost anything and it improves it."

improves it. If there's a Twilight: New Muppet, I'm lining up at midnight to rave about how sexy Count Von Count is. If Mel Gibson wants to make The Passion of The Kermit, I'm there. I'll even watch An Inconvenient Muppet

Truth if Beaker is trembling at the bad news and Honeydew brings a fool-proof machine to fix global warm-

Replace Billy Joel with Rowlf, Brangelina with Kermiggy, Nickelback half-time shows with Mahna Mahna half-time shows. Life would be better.

If the Muppets were real, the world would be a simpler, less frightening place. Tell me the House of Commons wouldn't be improved with Statler and Waldorf in their balcony as the Official Opposition.

HARPER: This legislation will keep Canadians safer. STATLER: Who keeps us safe from you? HARPER: You guys, knock it off.

WALDORF: Actually, that speech reminded us of an article in our favourite magazine.

HARPER: Really?

STATLER and WALDORF: Harper's Bizarre! If we all lived like Muppets, peak oil wouldn't be a problem when you can fit 40 of us in the same car. There can be no racism in a world where love exists between pig and frog. And instead of being puppets of America, we'd just be American puppets.

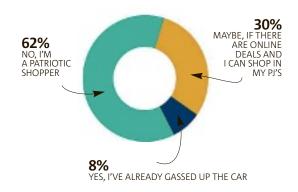
I'm not sure I've gotten to the bottom of the Muppets' appeal, but someday we'll find it, this rainbow connection. All I can say for sure is that my generation's belief in the Muppets is not cheap nostalgia, but completely felt. (Wocka wocka.)

••••• Read more of John Mazerolle's columns at metronews.ca/hesays



Register at metropolitanpanel.ca and take the quick poll

Do you plan to do some cross-border shopping on Black Friday?



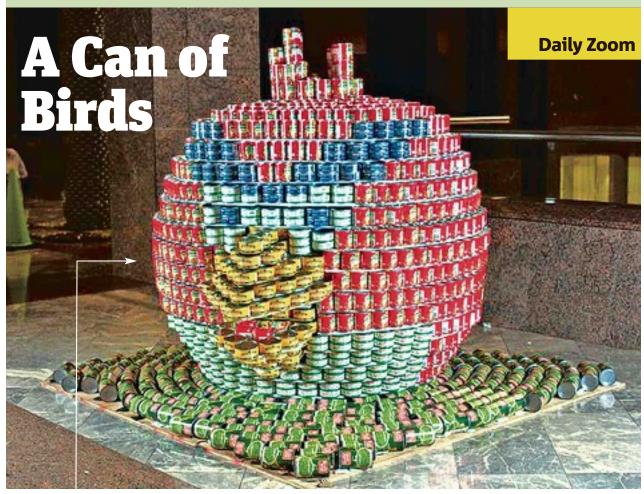
Local tweets



@writeraurl19: Passed 4 cars & a transport

truck in the ditch on my way in this morning. Seriously people...the white stuff was here all last winter! #snow @InfoAlerteBot:

- [REQUIRED JOYOUS/ SADDENED COMMENT **ABOUT SNOW IN** OTTAWA]
- @elysianinsight: Not sure how u feel about the #snow? Go for a #walk or #run outdoors today, see if u don't feel gr8 after! Or play
- in the snow with kids! @SeanMurphy77: #Snow covering Ottawa today! Can't help but smile when you wake up to a white view!
- @Paeter_Michael: I like how both #snow and #neige is trending in Canada. This is what Trudeau fought and died for !!! :P
- @Mandy_Bean: Here is a status about #snow.
- @LBAcquiredTaste: Sounds strange, but somehow #snow seems to make the world feel a little warmer.



Stacking up a work of art

TIN CAN. This Angry Birds replica in New York City has been constructed entirely from tin cans. It and others are part of Canstruction, a global community service project organized by the construction industry to be nefit local food banks. The annual event has been held in over 193 cities since 1992.
mwn

They CAN do it for a good cause

COMPETITION. The event was created by the Society for Design Administration. Spokesperson Chakshu Mehta explains the premise of the project: "The idea is to put a visual spotlight on hunger while showcasing the design." Notable creations include the head of Tutankhamen, Marilyn Monroe and Barack Obama. • MWN

is the average number of food cans in each 'sculpture'. Between 5 to 10 stackers work as

a team for up to 8 hours to build a work. The hardest thing to figure out is how many cans are needed for each project. organizers told Metro.

Can-shaped facts

29,000 kilos of food were raised in the New York competition. That's enough to feed almost 14,000 people for one day. Serious 'food stackers.' Architects, engineers, designers and building contractors team up to construct perfect sculpture.



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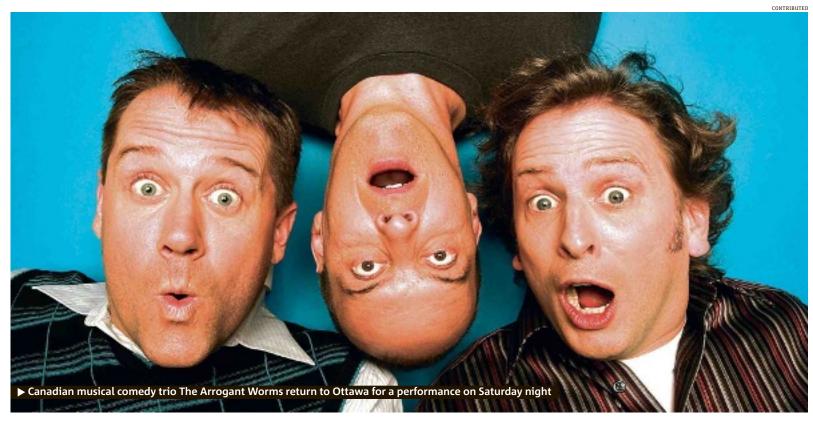




Nickelback stars in a new video on the comedy site FunnyorDie.com. The profanity-laden clip finds Nickelback responding to an online petition set up to stop the divisive hard-rockers from playing at a Detroit Lions game on Thursday.

THE ASSOCIATED PRESS





Embracing the arrogance

◆ The Arrogant Worms celebrate 20 years of making fun of music ◆ Check them out Saturday

BACKSTAGE PASS

JEN TRAPLIN METRO OTTAWA



Canadian comedy trio The Arrogant Worms have been writing and

performing parody songs that spoof just about every musical genre you can think of for the last 20 years

"Anything that's overwrought or over the top is a pretty easy target," admits Arrogant Worms front man Trevor Strong.

"We've done everything; parody country songs, pop songs, rock. We'll do whatever we can."

It is a serious feat for any band to make it 20 years, let alone a parody band like The Arrogant Worms. But, Strong says there's no secret to the group's longevity.

"A lot of acts stop, not because they aren't getting work but because they can't work together anymore so we've avoided that," he explains.

Show

Where can you find them?

On the scene Don't miss
The Arrogant Worms on
Saturday, November 26 at
8 p.m. at Centrepointe
Theatre (101 Centrepointe
Dr.). Tickets are \$40
through the Centrepointe
Theatre Box Office.

Strong also believes the fact that the Worms are independent has helped them survive as long as

they have because no one is putting any pressure on the group to tour or release new material, meaning they can move at their own pace.

Videos of The Arrogant Worms have amassed millions of hits on YouTube.

"And that had nothing to do with us trying to do that," the front man says with a laugh.

Some of the Worms' songs include The Last Saskatchewan Pirate, Carrot Juice is Murder, Me Like Hockey, Proud to Be Canadian and I Am Not American.

One of their most popular songs is We Are the Beaver, a topical subject these days with all that talk of changing Canada's national animal from the beaver to the polar bear.

When it comes to that argument, Strong and the rest of the Worms clearly support the beaver.

"Î could see moose. Or maybe the cougar or the bobcat, that's pretty cool," he says.

"But the polar bear just seems like we need the animal that can beat up the national animals of other countries."

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Judge extends restraining order against Gomez stalker

A civil judge has extended a temporary restraining order but refused to issue Selena Gomez a lengthier order against a man accused of stalking the singer-actress.

Superior Court Judge William Stewart says he will not grant a three-year restraining order while Thomas Brodnicki remains on a psychiatric hold unless he has assurances Brodnicki had an opportunity to be represented at a hearing.

Stewart on Wednesday extended a temporary order requiring the 46-yearold man to stay 100 yards away from the Wizards of Waverly Place star until a Jan. 6 hearing

Another judge recently dropped a felony stalking charge against Brodnicki after determining prosecutors hadn't proven he had caused fear in the star.

Gomez's attorney Blair Berk argued that the civil order was the only court protection for the star.

THE ASSOCIATED PRESS



Sting and Gill's shirtless affair

• CMT Crossroads special has rock and country stars pair up for a collection of their hits

If you ever see Vince Gill shirtless at one of his concerts, you can likely place the blame on Sting.

Bare-chested singing is a regular affair for the rocker, and when Gill was asked if he'd go shirtless for the pair's CMT Crossroads special, Sting chimed in: "He will tonight. I'm going to encourage him."

"What a thought. You know I haven't eaten in six weeks preparing for this gig because of this yard-stick over here," said Gill, looking at Sting before laughing: "Going to look like Laurel and Hardy up there."

"I've never been described as a yardstick. Is that a compliment?" asked Sting, joining in the laughter.

The good vibes between the two translate onstage during the special, which will air tonight at 8 p.m. and was pre-taped in September.

The rock and country veterans had worked together once before, at the 2004 Grammy Awards in tribute to the Beatles. Both said linking up musically was easy because they have "similar registers"

"That's always appealing — to find guys with guts enough to sing like girls,"



said Gill, laughing again.

The Crossroads series has featured collaborations from James Taylor and the Dixie Chicks to John Mayer and Keith Urban.

This one-hour concert will have Gill and Sting performing hits like Shape of My Heart, Every Breath You Take and Don't Let Our Love Start Slippin' Away.

Gill knew it would be tough to cover Sting's material, and he told the rock singer he'd need him to step in during some moments.

"I'm meat and potatoes, you know, but once I went in there and spent the time, I started to understand how it all worked," he said.

"There's like a couple

"There's like a couple lines that I've tried to learn and I just said, 'Sting, you gotta sing these 'cause they're so off-the-hook great I don't want to screw them up."

They also said their temporary duo was drama-free.

Cover challenge

The singers say the collaboration was a comfortable one, but they admit there were some challenges when it came to covering the other's songs

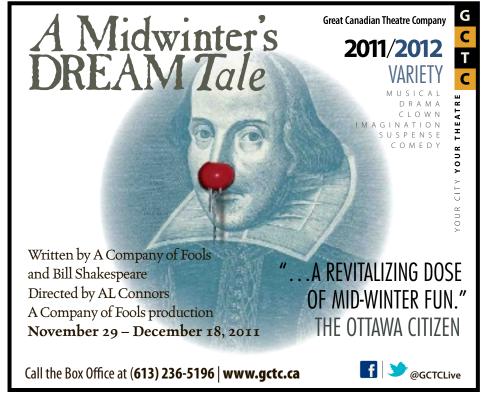
"When you immerse yourself in somebody else's work and the more you get to know the song, you recognize these little inflections in the melody, which you hadn't noticed the first time," Sting said. "It demands a lot of respect, a lot of care and attention."

"We haven't had a fight yet. Not one," said Sting.

Gill chimed in with a laugh: "If we get into a

fight, I'll choke you with heel dust (and) run away. I'm not much of a fighter."
THE ASSOCIATED PRESS





The Shame of NC-17

• Release of Shame reignites debate over racy rating

The NC-17 rated Shame poses an intriguing test for the much-lamented rating and stands a chance of being one of the most notable adults-only releases since Last Tango in Paris or Midnight Cowboy.

When Steve McQueen's film about a sex addict (Michael Fassbender) arrives in theatres Dec. 5, it will have already found enthusiastic debate at film festivals, largely laudatory reviews and a significant presence in the Oscar race, where Fassbender is considered a top contender for a best actor nomination.

Though most films tagged by the Motion Pictures Association of America with an NC-17 rating either protest the decision or edit down to an R-rating, Fox Searchlight (which acquired Shame at the Toronto Film Festival) has accepted the NC-17 as fair.

"We're releasing it not because of (the rating), but perhaps in spite of it," says Stephen Gilula, co-president of Fox Searchlight. "We just think it's a film that deserves to be seen."

An NC-17 rating still poses challenges for Shame and Fox Searchlight, but some believe the stigma of the rating may be fading.

The rating, which restricts anyone under the

age of 18 from attending a movie, was created in 1990 after the X rating (which the MPAA had failed to trademark) was co-opted by the pornography industry. Since then, the most successful NC-17 film at the box office has been 1995's Showgirls, which earned \$20.4 million and a great deal of scorn from critics.

On the whole, the rating has been taken by smaller, art-house films. Recent NC-17 releases have included Bernando Bertolucci's The Dreamers (2004, Fox Searchlight), Ang Lee's Lust, Caution (2007, Focus Features) and Pedro Almodovar's Bad Education (2004, Sony Pictures Classics).

Many more movies have received the rating and avoided it by recutting, reportedly including Pulp Fiction, Boys Don't Cry, American Pie and Basic Instinct. Last year's Blue Valentine had its rating overturned after an appeal. Some films simply choose to instead go "unrated" rather than accept the NC-17.

"(Shame) is potentially an important step in the legitimate use of the NC-17," says John Fithian, president of the National Association of Theatre Owners.

"There just aren't very

Ratings

'death kiss'

Joan Graves, head of the movie ratings system for the MPAA, says the MPAA applies the NC-17 rating "much more often than it's accepted." "I've always considered it a shame that for some reason some people consider it (a death sentence), and I blame the media in a way because they always act like it's gotten the kiss of death," says Graves. "But there isn't one of our ratings that means a film is good or

- Cinemark, one of the largest movie theatre chains in the U.S., refuses to screen NC-17 rated films.
- Wal-Mart won't stock NC-17 rated DVDs.

many movies released in the NC-17 rating anymore. Filmmakers and movie studios are inappropriately afraid of the rating."

Fithian says his association hopes to "eradicate the stigma" of NC-17, which he disputes. He calls the assertion that NC-17 films are limited in their

advertising a myth.

Advertising a NC-17 film on television is limited to certain hours. Most newspapers will accept ads for a NC-17 film as long as they're tasteful.

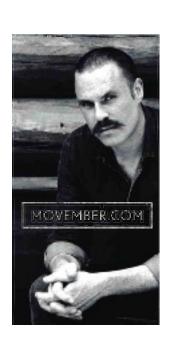
"What we currently have is a system that's slightly flawed in the reluctance of filmmakers and distributors to use the NC-17," Fithian says.

"What they'll do is cut and trim and try to cram a movie into the R rating category so that it escapes the NC-17, and that's not a legitimate use of the system. We end up with a very broad R category."

THE ASSOCIATED PRESS











McAvoy gets in the holiday spirit

○ James McAvoy lends his voice for the role of Santa's son in Arthur Christmas Talks about the essential ingredient for a Christmas movie (it isn't cheer)



SCENE@METRONEWS.CA

Having lent his voice to upcoming movie Arthur Christmas, James McAvoy has some insight on the key ingredient for making cinematic holiday classics.

"That key ingredient is the threat that Christmas might not happen," said the X-Men: First Class star recently in a phone inter-

"It's an incredible thing — that all the kids in one night in the world get a gift by one guy.

"That myth is so hard to protect and that's what makes it so epic to do it as a movie."

That's precisely what happens in Arthur Christmas — an animated feature in which McAvoy voices the meek son of Santa who sets out to deliver presents to one poor child who was mistakenly overlooked by Old St.

"It's very easy for these films to be generic and also to be just a little bit formulaic," said McAvoy of holiday movies.

"(But) this film is an Aardman film.

"They make Wallace & Gromit, Chicken Run and they've made Flushed Away and all that. And

McAvoy

on voicing

"It's a lot less hard work I think than making normal movies. Someone else is animating for 2 or 3 years and not sleeping very much and sweating blood," said McAvoy. "(Actors) come in (and) after two hours we go away and they start breaking their backs again."

what their movies have always had is exquisite detail as well as a fantastic sense of humour and real

There was certainly no shortage of detail in Arthur Christmas.

Featuring an army of Santa's little helpers, the filmmakers reportedly created a few hundred thousand elf characters even though McAvoy acknowledges moviegoers will hardly notice them

"The fact is, you don't appreciate how many elves there are and how many different elves there are and they've all got personalities.' explained McAvoy.

"(But) that just adds to the overall thing I think and richness and integrity. "But at the end of the

(It's) really, really reward-

ing and very good fun,"

ay and neir

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Jr kids, it's

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day, it's really just a good fun movie with a real solid Christmas heart to it backed up by all that de-

(Eddie Redmayne) as he lands his first job in show business, serving as a lowly third assistant director on Sir Lawrence Olivier's collaboration with Marilyn Monroe, the Prince and the Showgirl. Curtis' film has already earned impressive acclaim — particularly for Michelle Williams' transformative performance as Monroe · – and it heads into awards season under the stewardship of Harvey Weinstein. Not too

lows an eager newcomer

Can you talk about the casting of Michelle Williams as Marilyn?

All I can say is I just went with an instinct. I think she's a brilliant actress — a brilliant actress for bringing psychological texture

that still persist today. Her hunger to be taken sethizing with her. shabby for a newcomer.

your wife, Elizabeth McGovern, as Vivien Leigh?

made to feel like her moment has passed now that she's in her 40s. I love that element of Vivien Leigh and think there should be that sense that should Marilvn have lived to 43 maybe she would've felt the same.

What Simon says

Simon Curtis talks about directing his first feature film My Week With Marilyn is getting lots of critic love



British filmmaker



like her. It was just a hunch. It's also fascinating to have

Sir Lawrence Olivier as the

to her parts — and I really

villain, in a sense. I think he's definitely flawed, but I hope one ends up with sympathy for him. I didn't think of him in the sense of an antagonist, I just wish he'd done a better job supporting Marilyn. Even though she would drive anyone crazy in terms of lateness and all that, his job was to support

The film deals a lot with the misconceptions about Marilyn and her intelligence level

riously as an actress — her hunger to be taken seriously, full stop — was obviously a huge driving force at this time in her life. And I love the audience when Olivier says, "Well, can't you just be sexy?" There's an audible groan. People totally get the scale of that mistake. And I do hope that people come out sympa-

Had you considered casting

Well, she was making Downton Abbey so she wasn't really available. But let's put it this way, I know a lot about an actress, a beautiful woman, who is

How is it as a "first-time director"?

Well, this is very different. It taught me that when you choose a film as a director you better be damn sure it's going to be something vou can feel passionate about. Because you're going to be in a lot of testscreenings and you're going to be under a lot of scrutiny. And I've been on the journey with Harvey [Weinstein], and his passion for the film has been second-to-none, do you know what I mean?

We're heading into awards season, of course. Do you process that at all, the early chatter?

Well, I certainly pay attention. I don't read it all because it would give me a nervous breakdown, but obviously this is a big year for films, isn't it? Much bigger than last year. Certainly with Michelle, it has been very exciting on the road with this film. People are genuinely excited to see this great American actress take on this great American icon and deliver. They feel excited about that



FILM SHORTLISTED

TORONTO WAR MOVIE UP FOR AN OSCAR

A Canadian film about the harrowing experiences of war correspondents has made a short list of 15 documentaries in the running for an Oscar.

Under Fire: Journalists in Combat traces the psychological and emotional toll faced by eight war correspondents and photographers from major news organizations, including the Toronto Star.

It's written and directed by Toronto's Martyn Burke, whose extensive credits range from writing the 1984 comedy Top Secret to directing and producing the documentary Idi Amin: My People Love Me.

The doc faces off THE CANADIAN PRESS



▶ Panelists will debate book choices on CBC Radio ◆ Also on live stream

Actor Alan Thicke and Dragons' Den investor Arlene Dickinson are among the panellists lined up for the CBC non-fiction book debate Canada Reads: True Stories 2012.

The public broadcaster says Thicke will defend the hockey book The Game by Ken Dryden (Wiley Canada) and Dickinson plans to push for Marina Nemat's memoir Prisoner of Tehran.

Meanwhile, Juno Award-winning rapper Shad is backing the memoir Something Fierce by Carmen Aguirre.

Supermodel Stacey McKenzie will argue for On a Cold Road by Dave Bidini

And Anne-France Gold-

water, star of Quebec's reality-TV courtroom show l'Arbitre, has chosen The Tiger by John Vaillant.

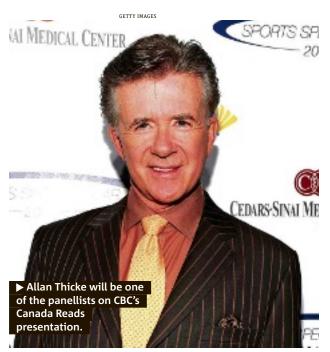
The panellists will debate the books live on CBC Radio from Feb. 6-9 to determine Canada's mustread non-fiction title for 2012.

The shows will also be live-streamed on CBC Books and air daily on CBC's documentary channel, with recap specials the following weekend on CBC-TV and CBC Radio One.

This is the first time Canada Reads has featured non-fiction titles.

Last year The Best Laid Plans by Terry Fallis won Canada Reads.

THE CANADIAN PRESS



FRENCH, ENGLISH as a SECOND LANGUAGE

against

heavyweights

including Wim Wen-

ders' 3D dance film Pina,

the Sundance winner

Buck, and Oscar-winner

James Marsh's Man on

Wire follow-up, Project Nim. The shortlist will be

whittled down to five

84th Academy Awards

will be announced Jan.

24. The awards ceremo-

ny is on Feb. 26.

Nominations for the

nominees.

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January 9 to February 3, 2012

Level 1 and 3 - 12:30 pm to 3:30 pm; Level 2 and 4 - 9 am to noon; Level 5 and 6 - please check our website

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Ashton, Demi still on speaking terms

Divorcing couple met recently at 'Kabbalah House'

While Demi Moore may have filed for divorce from Ashton Kutcher, she's apparently not done talking to him, as the pair reportedly met at the Beverly Hills home of a friend the weekend after her divorce announcement, according to Us Weekly.

'It's affiliated with Kabbalah, and some of the people who go there refer

to it as the 'Kabbalah House," a source says of their meeting place, where the couple are said to have previously visited for Kabbalah-themed marriage counselling. Kutcher and Moore arrived separately but were seen leaving at the same time.

"They seemed very sombre," the source says. **But apparently Moore**

has been anything but sombre since deciding to ditch Kutcher, even reportedly appearing chipper and cheerful at a nail salon the morning of the divorce announcement.

"Demi's been telling friends that it gets easier every day," a source says. "She's very optimistic."

Spears loves chocolate; all kinds of chocolate

As Britney Spears continues her current globe-trotting concert tour, the hectic schedule is definitely taking its toll, she says.

'Trying to get up and go work out in the morning (is hard). I haven't worked out in, like, two weeks, she admits to Stylist.

'Sometimes it's hard to be motivated. But once you get up and do it you feel like you've conquered the world.

And when she needs a pick-me-up, the answer is 'definitely chocolate. Spears says.

"I love Skors, with the caramel in the middle, and every once in awhile if



I'm really hungry then a Snickers bar is good. And M&M's are great, Her-Whoppers

great, Raisinettes. Twixes are great, too. And the new Hershey's Cookies &

Celebrity tweets



Нарру

family to yours! Hope you all have a festive season filled w/ joy and cheer!



On my way to Beijing for the first time. Any recommendations

for food, sights, traditional medicine, etc.?

I don't know about u but I think Herman Cain's use of the word "ain't" is enough to disqualify him from the presidency.



Rumor: When Titanic is released in 3-D the ship will not

▶ Olivia Wilde

The 'bad girl'





Angelina Jolie

"I didn't die young, so I am very lucky," she

"For many reasons, I shouldn't be here."

Olivia Wilde getting close to Jake **Gyllenhaal?**

Olivia Wilde and Jake Gyllenhaal are turning heads after getting cosy during a dinner in New York this week, according to Page

Wilde and Gyllenhaal hit up Chinatown Brasserie with a group of friends but reportedly only had eyes for each other.

"They were in a group but were very cosy, with their chairs pulled close together," a source says.

The two were last spotted together hitting up L.A.'s Chateau Marmont in June, but their reps insisted they were just friends at the time.



◆ This Victoria's Secret bombshell gets in shape with maca powder, bee pollen and sun warrior protein ◆ We discuss



Miranda Kerr's thong song



For the first time in her five years of walking down the runway as a Victoria's Secret Angel, the Australian bombshell Miranda Kerr had the honour of wearing the \$2.5 million Fantasy Treasure Bra. And that's just months after giving birth to her first baby with husband, Orlando Bloom. We ask her the question every woman wants to know.

Besides the \$2 million bra, what's the biggest difference between walking in a high fashion catwalk show such as, say, Balenciaga versus Victoria's Secret? The great thing with

The great thing with Victoria's Secret is they really encourage us girls to interact with the audience and show a bit of personality, so it's a totally different thing for sure, but both of them are good in their own right. The Victoria's Secret show is quite a theatrical performance. I love to be in the



"[Generally the] first step would be to blow dry then apply a volume lotion in your hair. Once we blow dry all that through we spray in [Orlando Pita] Elevate **Texture Spray.** Then we do the curling iron set. Then we send the girls to makeup, after they're done we brush it all out."

HAIR GURU ORLANDO PITA ON HOW TO NAIL THOSE BIG VS CURLS

moment and feel the music.

You lost the baby weight ridiculously fast. Can you give us a breakdown of your daily diet?

Everyday is different but I like to start the day with a fresh green juice with kale, spinach, cucumber, beets and lemon. Then half an hour later, I have a power smoothie, which has sun warrior protein powder, chia seeds, maca powder, raw cacao, bee pollen, goji berries, noni juice, vitamineral green and coconut water. Then an hour after that I'll have oatmeal or eggs. That's my three-course power breakfast. For lunch I might have some grilled fish with goat cheese or baby spinach salad and olives. Sometimes I'll have a sweet potato. At dinner, I'll have a lentil soup and maybe some chicken. And I love to have my salads with avocado, feta and spinach.

It sounds like a lot of careful maintenance. What does your workout regimen look like?

I've been practicing yoga for over 12 years. And after I had the baby I started doing Pilates. That was really helpful. But three weeks leading up to the VS show, I start working out five times a week using a resistance band and leg weights.

Is the Fantasy bra heavy? No it's not so heavy but my wings are really heavy.

Where does one go after you've modeled the \$2.5 million bra? What do the next five years look like for

you?

I really want to expand my organic skin-care line all over the world. I created a line that I personally wanted — it's a certified organic range — but couldn't find. Kora organics has been my passion and my idea. I invested the money behind the product. I blog [on the site] once a week.

Backstage talk

How the angels whip their skin and bodies into shape



Adriana Lima

"I think working out makes your skin glow. It's a natural detox. I also drink a lot of water and coconut water. For makeup, I use lots of black mascara, lip gloss and that's it."

Joan Smalls

"Every day, I wash my face with something that contains salicylic acid and then I continue with an advanced night repair. I put it on in the morning and I mix it with Estée Lauder DayWear cream, it has SPF 15. It's important to protect your skin in the



A stylish story



Popular show turns a page

From TV screens to glossy magazines, the world's longestrunning fashion series, Fashion Television, extended its iconic brand on Tuesday with the launch of a semi-annual magazine. Featuring fashion royalty Grace Kelly on the cover, Fashion Television Magazine offers its readers a unique video/print hybrid — a multimedia experience with a chance to see each print story come to life with a companion video available on fashiontelevision.com. METRO



Lady Gaga opens Gaga's Workshop at Barney's department store in New York

Colour-popping coats

This season, the chintzy Christmas lights needn't be the only beacons of brightness • Get noticed!











If the dark days of winter aren't depressing enough, we choose to garb ourselves in outerwear that wouldn't look out of place on a Victorian funeral march. Why don't we stop mourning for summer and sling on something bold and bright all year long. After all, it's not that risqué, seeing as most men won't hesitate come June to pull on some outlandish Hawaiian-print

1 BURBERRY PRORSUM AW'11

The British heritage brand leads the colour revolution with an old school duffel.

2 E.TAUTZ PEACOAT

Yep, we're all familiar with the peacoat. But this lurid, mustard yellow number is the military classic on acid. \$1,555, mrporter.com

BREASTED COAT

The '70s are still hot this season, making this a must-have winter warmer. \$249, zara.com

4 UNIQLO PREMIUM DOWN ULTRA LIGHT JACKET

The guilted coat was once the staple purchase of practical parents for their tearaway toddlers. Thankfully, it's been reworked into a svelte, lightweight looker. \$80, uniqlo.com

5 TOPMAN ELECTRIC BLUE PEACOAT

Get ready to rock right down electric (blue) avenue in Topman's peacoat. And no it's not style over substance as this one comes with extra snug padding - perfect for a sub-zero season. \$170, topman.com

RICHARD PECKETT

aroomina

Tidy that 'stache

The Movember grow-off is well underway, which probably means your tache is old tangle. But fear not, as this little Kent comb will have your whiskers preened and perfect in no time at RICHARD PECKETT MOVEMBER

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They use them to lure people in, then adjust weights, inaccurately evaluate material (eg. say something is 10kt when it's actually 14kt). The bottom line, people end up with less money in their pocket, not more.

Option #2: Mail away your gold. Hope for the

Most consumers feel uneasy about mailing their jewellery to one of the many flashy "Cash for Gold" type companies seen



on TV. The truth is, several of these companies have received harsh criticism from consumer advocacy groups because of their notoriously shady sales tactics and low payouts.

So, if those ads featuring cash waving "customers" send a chill down your spine, it's for good reason.

Option #3: Recycle Frog. you be the judge.

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One-on-one evaluations are conducted at their many convenient public events or are pre-scheduled at their World Exchange Plaza location. They're a trusted fundraising partner to various charitable organizations including the United Way, CHEO, Christmas Exchange and The Canadian Cancer Society.

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Of a dress that impressed

• InStyle fashion director Hal Rubenstein takes a look back at 100 of the most memorable gowns of our time

Some dresses you remember: Michelle Obama's inaugural gown, Coco Chanel's little black dress, Cher's Oscar getups. They make an impression on the collective culture beyond a fleeting fashion trend.

InStyle fashion director Hal Rubenstein has counted down his favourites in a new book called 100 Unforgettable Dresses.

"Dresses are important for different reasons, but how they are unified is that they are not all simply about fashion. They hit us emotionally, psychologically or affect how we perceive beauty," he says.

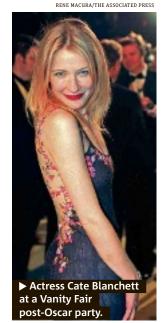
A great dress also can jump-start a career, he says, and that's not just limited to fashion. Mrs. Obama's white, one-shoul-

dered gown for the inaugural balls literally made Jason Wu a household name overnight, but stars as diverse as Phyllis Diller and Elizabeth Hurley parlayed a splash of style into celebrity.

Hurley in Gianni Versace's safety-pin gown in 1994 for the premiere of Four Weddings and a Funeral

is the first dress featured in the book — which is "not quite" random order, Rubenstein says.

"The Versace safety-pin dress is the greatest example of the power of clothing. It made a woman famous overnight. Elizabeth Hurley was a pretty girl on Hugh Grant's arm who no one knew. The next day it was, 'Who's



that girl?"

Modern A-listers Sarah Jessica Parker and Cate



Blanchett join the late style icons Audrey Hepburn, Jacqueline Kennedy

► Elizabeth Hurley, wearing a dress designed by Gianni Versace.

and Grace Kelly as women who successfully made fashion part of their identity, he says. They show a deep understanding of fashion without ever seeming burdened by it, he describes.

Not all their outfits were showstoppers, but there rarely have been missteps — at least not missteps for the signature look they carved for themselves.

Blanchett is one of the few people who could have pulled off Alexander McQueen's Where Eagles Fly gown, worn to the Oscars just weeks after the designer's suicide in 2010, Rubenstein says. On her, the dramatic embellishment was a complement to her persona as someone who makes strong choices. On someone else, it might have overshadowed the person wearing it.

THE ASSOCIATED PRESS







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Jeanne Space



In this hectic modern world, Twitter has become a cool and succinct way of communicating. It allows me to be accessible, instantly speak my mind, and connects me with all kinds of people. Whether it's a fashion question, or you just want to comment on life's bigger picture, I'd love to hear from you.

@Jeanne_Beker:

So many fab responses to my talk @GuelphHumber today.
Thank you all for LISTENING! Now how do YOU plan on making a
mark in the world?



- **@mayibecandid :** Funny you should ask. Just submitted my 1st column, on Canadian fashion, to a European mag today! That's my mark for now.
- @Jeanne_Beker: Wow!!! Good for you! And good luck with it! Very impressive....
- @RoyFullerPhotog: been contemplating how to make my mark for years, decided to grow my holdings and leave them to charity. Starting small now.
- @Jeanne_Beker: What a beautiful thing to work towards!

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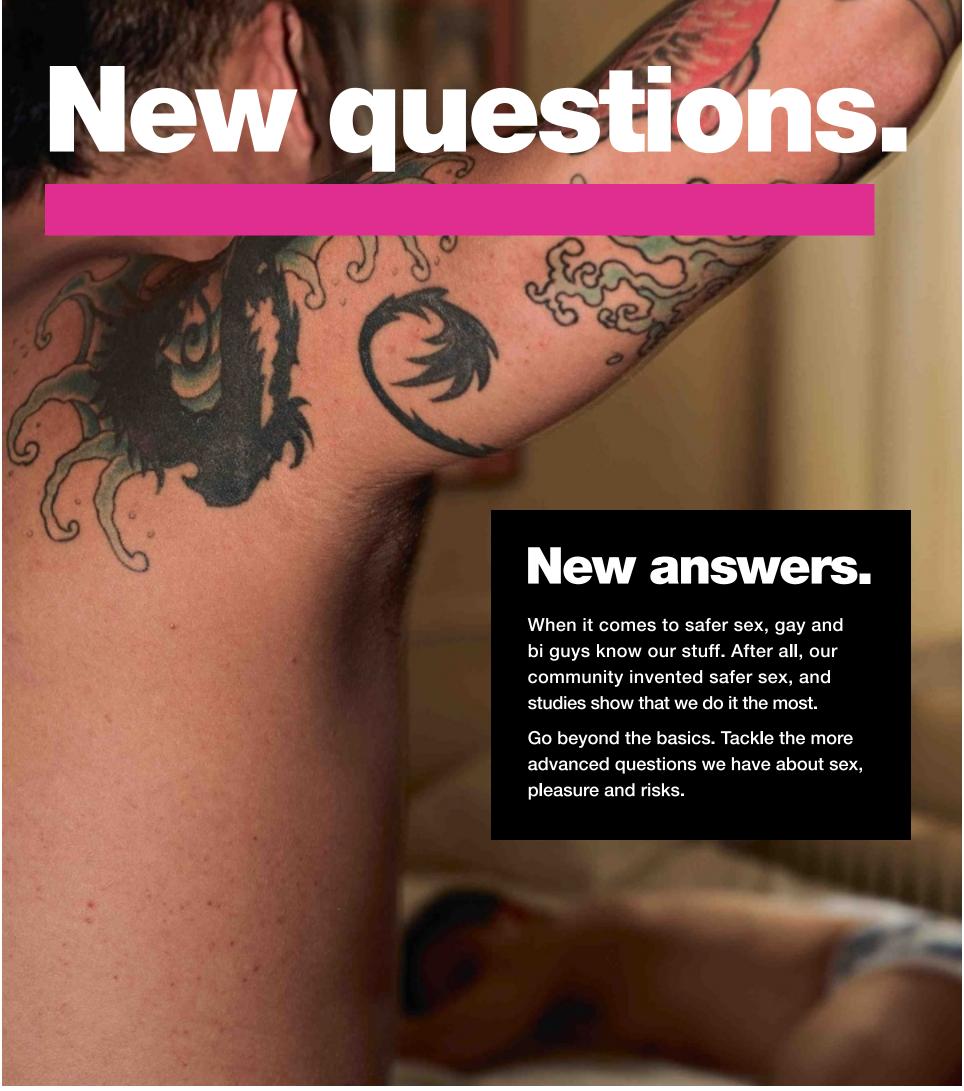


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Get ready to shop

• You don't have to drive south of the border to get Black Friday discounts



Tomorrow marks Black Friday — the biggest sales event of the year in the United States — with retailers slashing prices on virtually everything. Held the day after American Thanksgiving (this year, it falls on Nov. 25), it traditionally marks the kick-off to the holiday shopping season.

In the past, many Canadians flocked to their closest border crossing in order to take advantage of the U.S. deals, but rather than packing up the car, making the road trip south and waiting in lineups for hours, more and more Canadians will be journeying online for cross-border shopping deals this year.

According to a recent Ip-



Cyber Monday —
the online cousin to
Black Friday — takes
place on the Monday
following the U.S.
Thanksgiving
weekend and
features a number of
discounts on
shopping websites.

sos Reid survey conducted on behalf of Visa Canada, 34 per cent of Canadian online shoppers plan to

Resources

Some helpful sites to help you navigate Black Friday:

- blackfriday.info: The official site for all the 2011 Black Friday ads.
- BlackFriday.FM: You can sign up for email updates and check out sales from your favourite stores.
 TGIBlackFriday.com: Offers
- one-click filters to see
 what popular deals are
 available online.
 redflagdeals.com:
 Canada's largest bargain
- tire section devoted to Black Friday deals. shop online at American retailers this Black Friday.

This is an increase of six

per cent from last year.

hunting website has an en-

"Over the past few years we have seen a steady increase in the number of Canadians who look for deals south of the border on Black Friday," says Stephanie Wallat, business leader for e-commerce with Visa Canada. As a result, many U.S. retailers seem to be taking notice of the Canadian interest and have extended their shipping to Canada and abroad.

In a bid to keep Canadians from cross-border shopping this weekend, some Canadian retailers are ramping up sales of their own. Toys R Us Canada announced that it's holding a half-price event this weekend. And The Bay, Zellers and Home Outfitters, Future Shop and Best Buy will also be offering special sales events this weekend.

Shopping tips

Make the most of Black Friday by following these savvy shopping tips:

- Do your research before shopping. Go to a retailer's site early, pick out everything you want, do price comparisons and add items you want to your shopping cart.
- Find out the full cost of the item you want. Borderlinx

(borderlinx.com/visa/ca) provides a calculator that estimates the entire cost of a purchase, including currency conversion, taxes, duties and shipping.

- Canadian duties on apparel are much higher than on electronics. That could eat into some of your cross-border savings.
- How do you know if you're really getting a great deal? Experts say that if the item you want isn't 40 to 50 per cent off, leave it behind.



ADMITTING YOU WANT TO WIN PRIZES & GET GREAT DISCOUNTS IS THE FIRST STEP.

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Canadian retailers get in on the action

More Black Friday bargain hunting is beginning to happen in Canada, says an Ottawa-based marketing

'Surveys across Canada show that this year, crossborder shopping is going to be down," said Brian Card, president of the Ottawabased market research firm CRG consulting.

But that flies in the face of travel data from Statistics Canada showing sameday car trips to and from the U.S. by Canadians are at their highest level since 1998 at 7.2 million in the second quarter of 2011 and 7.1 million in the third.

BMO economist Robert Kavcic said the numbers correlate with the rise in value of the loonie versus the greenback.

He agree with Card that Canadian retailers are beginning to hold their own Black Friday sales.

JESSICA SMITH/SEAN MCKIBBON

What's allowed

- Exemptions: If you're gone for a day, you get \$50 worth of goods to bring back. If you're gone for 48 hours, you get \$400. A week? \$750.
- If vou're caught smuggling: Border services can seize your goods, fine you up to 80 per cent of their worth and take your car — and you have to pay before you get any of it back. That's if you're not arrested.

 ELISHA DACEY

of Canadians say they intend to head south of the border on **Friday for America's** biggest shopping day of the year.

Is it worth the drive?

Hordes of shoppers, including thousands of Canadians, are gearing up to spend their hardearned money south of the border during America's largest shopping event of the year.

Black Friday enthusiast Danielle Graydon, who heads to Bellevue, Wash., every year, says

the event is a good place to finish Christmas shopping in one trip.
"Last year I got all my

Christmas shopping done for \$350," she said. "At some stores you'll get discount on top of discount. The trip is worth it because you end up saving hundreds."

Graydon describes Canada's Boxing Day as a "pathetic" alternative to America's busiest shopping day. • KENDRA WONG

Hot items

According to Ipsos Reid, clothing and accessories will be the most popular purchases tomorrow, followed closely by books,

movies and music. Some of the

steepest price cuts are on electronics, including televisions, computers, DVD players, music players, video game consoles and small appliances. Leave home furnishings purchases until Boxing Day sales.





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Celebrate the season with flameless

candles

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DESIGN CENTRE



KARL LOHNES METRONEWS.CA

holidays are all about creating a magi-

cal mood in your home for entertaining; great music, special food and drink, and of course lots of candles to help set a festive mood.

I love to use candles everywhere around the house when having people over, but am also cautious about leaving them to burn on their own.

Flameless candles are a great option to real ones, and although you don't get some of the scents that are available with the real thing, the flicker and light that is cast would fool almost anyone.

Made of quality wax or plastic resin, the candle's inside houses an LED light that flickers and is shaped like a small flame.

The tops can have the look of dripping wax coming down the sides for a traditional look or clean-edge look for a more modern esthetic.

There is a small switch on the bottom that controls the on/off of the LED light.

Flameless candles are made in all standard candle sizes, from tiny votives to large three-wick style pillar

I like the white or offwhite four-inch pillar size candles as they are most classic and will be neutral enough to use year round.

As there are no safety worries with flameless candles, I like to display in places that I would never dream of using real ones lining them up the staircase, outside on the front porch (no worries of them blowing out on a cold windy night), on window ledges, within the Christmas tree or in guest rooms.

For a realistic candle look, place them in glass hurricanes and add some decorative touches around the base like cranberries, holly or small metallic or-



"As there are no safety worries with flameless candles, I like to display in places that I would never dream of using real ones — lining them up the staircase, outside on the front porch (no worries of them blowing out on a cold windy night), on window ledges, within the Christmas tree or in guest rooms."

grouping to adorn an un-You can also use a large used fireplace; fill the emp-



ty fireplace with birch logs, glass ornaments and a variety of flameless candle

Depending on the quality of batteries that come with the candles, the LED lights burn from 24 to 100

Flameless candles take a variety of batteries; triple A and watch battery styles are most popular — it's always smart to keep some extras on hand during the busy entertaining season.



MASTERCRAFT STARWOOD



D.I.Y. holiday centrepieces

The goal: Pretty decorations that read cool and young, not old-fashioned and lame



Entertaining at home has never been trendier thanks to a shoddy economy and increasingly fashionable foodie culture.

But a string of at-home holiday parties brings up the inevitable question of how to decorate, let alone what to serve.

Enter the holiday centrepiece, which has evolved beyond its Martha Stewart associations to a cooler, edgier place, surfacing in the homes of style-y types on interiors blogs.

Here are a few quick and painless steps to creating your own.



To the flower market you go

Skip the grocery store and those temptingly cheap holiday themed plants. They may look like an easy way to give your place that extra yuletide oomph but they will actually send your place back to 1986. The selection of blooms at your nearest flower market will definitely look much better.



Go for variety

Choose full blooms in a Chrismukkah appropriate colour like candy apple red or wine to serve as the main attraction of your centrepiece. And then fill it out with foliage and snowberry branches, which will conjure up images of walking through a winter wonderland on your way to a log cabin.



Get a little unruly

The most modern-looking arrangements look kind of wild, as if you stole them from your neighbour's garden. Prep your flowers (cut the stems at a diagonal and remove leaves that fall below the water line) and cut them at varying lengths to correspond to your shape. Then insert into the vase at an angle, criss-crossing the stems.



Work in fruit

Go all Dutch masters on your guests by tossing a few pomegranates, oranges and red grapes in a wooden bowl and placing it next to your florals on the table. Or just casually leave the fruit on the tabletop itself, as if you dropped a few apples as you were cooking earlier, and they just happened to roll up next to the vase in an artful way.



Look beyond the table

In the same way that you'd string white lights all over the house, place your holiday flowers in places other than the table to achieve that fullon merry, merry look. A few suggested locations: next to the bathroom sink, on the fireplace mantel or on top of piles of magazines or books.



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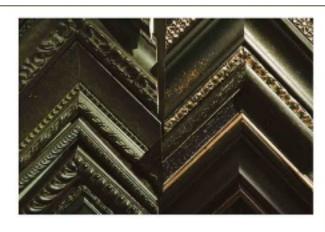


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SPECIAL INFORMATION FEATURE

The joy of brewing your own beer



Meet the Hatches. After a visit to a friend's house they were astounded at the quality of his homemade beer, so when Meagan mentioned she wanted to take up home

brewing, Michael did what every good husband would — he applauded her new interest and vowed to support her however possible.

Given that the Hatches live in a stylish 700-square-foot condo in the heart of the Byward Market, it is easy to imagine that challenges could arise, but as I

visited their home I saw an organized selection of ingredients — a carboy tucked away in the corner and a well hidden stash of ready-to-consume beers as the only evidence of small-scale brewing as everything fit rather nicely.

Starting with a basic brewers kit has led to

adding natural ingredients, researching a seemingly endless supply of online resources, patient trial and error, advice from fellow brewers and a journal full of detailed notes from every brew.

Meagan has used her refined palate and is now comfortable enough to improvise recipes. Thankfully, the popular couple entertains regularly and have several beer loving friends who eagerly help out by not only sampling and critiquing the beers, but often lending their names and misadventures to these brews.

In fact, their 23-litre batch, "Murphy's Irish

Gift of brew

If you are looking to give someone the gift that keeps on giving, home brewing might fit the bill. Defalco's For Brewers & Wine Makers has three Ottawa stores and would be an ideal place to start.

Pout," a malty chocolate stout and tribute to a grumpy friend, was fermenting in the carboy when I arrived — pretty impressive work for only 14 months of home brewing.

They have found a hobby that is an extension of their love of cooking and entertaining that continues to bring them joy.

Dirty Thirty/Hoppy Birthday (available exclusively at "Chez Hatch") was brewed in celebration of Michael's recent birthday and reveals a bright citrus hop nose. The liquid is a surprisingly clear, bright copper with crisp white foam cap. Tangy citrus hop flavours up front and a smooth caramel malt backing show off a really nice naturally carbonated and round mouth feel.

Delicious and refreshing. And at less than a buck a beer to produce exactly the beers you want — all I can say is bottoms up and down the Hatch.







Enjoy family atmosphere at Daily Grind



Tucked into a former sushi joint along Somerset Street, Ottawa has finally received what it sorely deserved: The Daily Grind, a family-friendly art café.

The longtime dream of Krissy and Mike White, an art teacher/caterer and audio engineer, they say they have been overwhelmed with the response so far.

Walking into the warmly-painted café, children play casually with in-house



art packages or crawling over the church pews turned booths.

"I wanted a place where everyone felt at home. Sometimes you walk in with kids and you feel like you're disrupting the atmosphere."

The Whites have in turn designed their menu to include family-sized portions of Krissy's unique Tex-Mex options.

"There's never been any sort of Tex-Mex here. The enchiladas are definitely the most popular," available with dairy-free cheese and lentils for any vegans, along with the usual spicy chicken or beef.

With ambitious menu ideas like ginger-basil steak

wraps, there is a twist to why you should plan your visit. Items on the menu are clearly marked glutenfree, dairy-free, or soy-free.

"The butterscotch squares go as soon as I put them out," says White, but adds she has been experi-

menting with sugar-free baking, too. Try the picante Mexican hot chocolate or house-pressed apple cider.

The café is planning to become a community centre of sort, says the couple, who will be opening an art boutique and darkroom. The Daily Grind has been hosting craft events and will be offering other workshops. A liquor licence has also been applied for.

The Daily Grind is located at 601 Somerset St. W. For more, visit thedaily-grind.ca on the web.

Wine choices that are consistently available



The LCBO Vintages releases provide a great opportunity to discover new wines and spirits, but they are gone once they are sold out because each vintage (wine speak: Production year) is low, coming from boutique-size wineries.

With the holiday season approaching, you may want to select wines for entertaining at home or for offering a host that you know are consistently available.

Pérez Cruz 'Réserva' Cabernet Sauvignon 2009, Maipo Valley, Chile

(Vintages #694208, \$14.95) ► This dry, medium- to full-bodied, hand-harvest-



ed wine features complex aromas — cherry berry fruit, toasty oak, sweet spice and a whiff of herbs.

Willm 'Réserve' Riesling 2009, Alsace, France

(Vintages #11452, \$15.95) ► Dry, zesty and juicy, this medium-bodied, hand-harvested Riesling offers a bouquet of aromas.

Anselmi San Vincenzo 2010, Veneto, Italy

(Vintages #948158, \$16.95) ► Medium-bodied with a refreshing acidity, it has

appealing sweet fruit flavours.

Mitolo 'Jester' Shiraz 2009, McLaren Vale, Australia

(Vintages #659607, \$21.95) ► Deep, dark and loaded with blackberry and boysenberry jam flavours, this dry, full-bodied wine offers great depth of fruit.

Tommasi Ripasso Valpolicella 'Classico Superiore' 2009, Valpolicella, Italy

(Vintages #910430, \$19.95) ► The aromas and flavours display added complexity, the core of black cherry and berry augmented with notes of sweet dried fruit. Spice, pepper and hints of cedar join the chorus.

Grand Total: \$89.75
FOR MORE, SEE SAVVYCOMPANY.CA





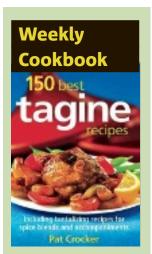


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150 Best Tagine Recipes (Robert Rose, 2011) by Pat Crocker offers a comprehensive history of traditional Moroccan tagine cooking, including a North African Flavour Footprint section that profiles 20 herbs and spices. Home cooks can bring Morocco into their kitchens with these tantalizing dishes: Cinnamon lamb tagine with apricots, minted lemon whitefish, fiery beef tagine, and more.

The magic of Morocco at home

Dring the flavours of the Middle East to your kitchen with this easy tagine recipe for lamb

Moroccan cuisine is renowned for its delicate balance of sweet and spicy flavours.

Try this easy slowcooker tagine recipe with some convenient grocery store items to help you during the week.

Preparation:

- In large heavy frying pan, heat oil over medium-high heat. Sprinkle lamb with salt and pepper. Cook for 10 to 12 minutes, turning occasionally, or until browned.
- Transfer lamb to slow cooker. Stir onions and garlic into frying pan, reduce heat to medium-low and cook for 4 to 6 minutes or until softened. Transfer onion mixture to slow

Ingredients:

- 2 tbsp (25 mL) canola oil
- 1 boneless lamb shoulder, about 1 3/4 lb (875 g)
- 1/2 tsp (2 mL) salt
- 1/2 tsp (2 mL) freshly ground black pepper
- 1 large white onion, halved and thinly sliced
- 2 cloves garlic, sliced • 2 large carrots, peeled
- and cut diagonally in 1 ½ inch (4 cm) long pieces
- 3 cups (750 mL) sodiumreduced chicken broth
- 1 bottle (350 mL) PC Memories of Morocco Sauce
- Stir carrots, broth and sauce into slow cooker. Cover slow cooker, turn heat to low and cook for 10 to 12 hours or until lamb is very tender when prodded with fork.



Transfer carrots to a bowl; set aside. Remove lamb from slow cooker; using two forks, shred meat. Place lamb and carrots on a platter; drizzle with sauce. Serve with couscous and hot

This recipe makes 6 servings.

buttered chickpeas, if desired. Tip: Garnish with chopped dried fruit, such as apricots, figs or dates, if you like.

NEWS CANADA/PRESIDENT'S

CHOICE/THIS RECIPE WAS ADAPTED FOR METRO BY EMI-LY RICHARDS, A PROFESSION-AL HOME ECONOMIST, COOKBOOK AUTHOR AND A TV CELEBRITY CHEF. FOR MORE, VISIT HER WEBSITE EMILYRICHARDSCOOKS.CA



Playoffs still a possibility

THE HOCKEY **NEWS**

MURRAY PAM



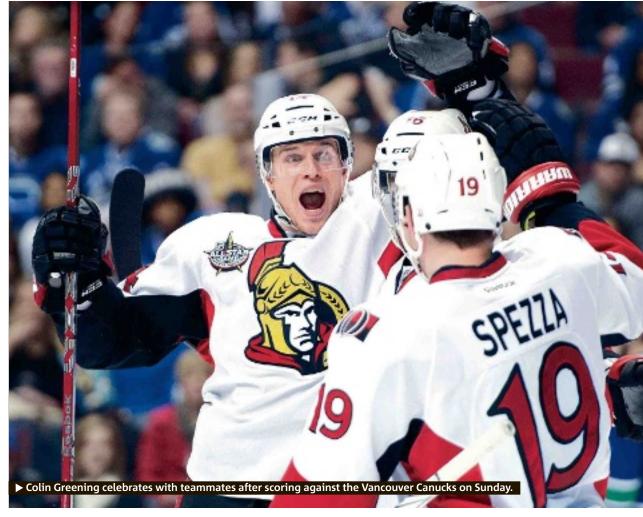
An optimist would look standings yesterday and see their hometown Ot-

Senators, with one-quarter of the season in the books, sitting on the cusp of a playoff berth, just five points behind the conference-leading Pittsburgh Penguins. A pessimist would note the boys in black and red are three points out of 14th.

But no matter how full you see the glass, the facts speak for themselves: the Sens still have a legitimate chance at playing into April and May. What has to happen for this to occur? Here are five pivotal factors:

Better starts to 1. games. They've been outscored 22-12 in opening periods, putting the club behind the 8-ball most nights. While they have tallied a league-best 31 third-period goals, they can't rely on that continuing the rest of the season.

Secondary scoring. The line of Jason Spezza, Colin Greening and Milan Michalek have accounted for 39 per cent of the club's goals and is carrying too much of the load. The second line has been hit-and-miss. Nick Foligno is contributing,



but injuries to Peter Regin and Daniel Alfredsson exposed an issue of depth. While the captain has returned, he's still trying to find his game. Regin's replacement, Stephane Da Costa, has shown some offensive flair, but lacks consistency.

Special play from the special teams. What was formerly the No. 1ranked PP has fallen to

seventh in recent weeks. Injuries to Alfredsson and Chris Neil, who has been a menace in front of opposing netminders, have hurt. At the other end, the penalty-kill must continue to improve. The team recently went through a stretch of not allowing an odd-man goal in six consecutive games, killing 22 straight minors.

Shutdown hock-

ey. The defence has tightened up since the opening games of the season. Giveaways have been fewer. The offensively gifted Erik Karlsson, however, still needs to improve his play without the puck.

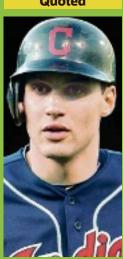
Puck-stopping. Goalie Craig Anderson has begun flashing the form that prompted the Sens to acquire him last season. The Park Ridge, Ill., native

has a .948 save percentage in his past three games, hopefully reversing what had been a poor start to the season.

With 61 games remaining, the Senators need to secure 71 points to reach the 93-point plateau achieved by the eighthplaced Rangers last season. That's a .582 winning percentage. So are you an optimist or a pessimist?



Quoted



"I wasn't ready to say goodbye and move on."

GRADY SIZEMORE, ON WHY HE DECIDED TO RE-SIGN WITH THE CLEVELAND INDIANS. THE INDIANS WILL PAY HIM A BASE SALARY OF \$5 MILLION NEXT SEASON. THE 29-YEAR-OLD CAN MAKE ANOTHER \$4 MILLION BASED ON PLATE APPEARANCES.



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NATIONAL HOCKEY LEAGUE

EASTERN CON	ifer	EN(CE									
	GP	W	L	OTL	SL	GF	GΑ	Pts	Home	Away	Last 10	Strk
d-Pittsburgh	21	12	6	1	2	65	50	27	7-1-1-0	5-5-0-2	5-4-0-1	W1
d-Toronto	22	12	8	1	1	70	70	26	6-3-1-1	6-5-0-0	4-5-0-1	W1
d-Florida	20	11	6	0	3	60	51	25	4-2-0-3	7-4-0-0	5-2-0-3	W2
Philadelphia	20	11	6	2	1	75	62	25	5-4-1-1	6-2-1-0	6-2-1-1	L2
Boston	19	12	7	0	0	65	39	24	8-5-0-0	4-2-0-0	9-1-0-0	W9
Buffalo	20	12	8	0	0	58	51	24	5-6-0-0	7-2-0-0	6-4-0-0	L1
NY Rangers	17	10	4	1	2	47	37	23	5-1-0-1	5-3-1-1	7-2-0-1	L1
Washington	19	11	7	0	1	62	59	23	7-1-0-1	4-6-0-0	4-5-0-1	W1
Ottawa	21	10	9	1	1	62	70	22	5-4-0-1	5-5-1-0	4-4-1-1	L1
New Jersey	19	10	8	0	1	52	54	21	4-3-0-1	6-5-0-0	6-4-0-0	L1
Montreal	21	9	9	1	2	53	50	21	4-5-1-2	5-4-0-0	5-3-1-1	L1
Tampa Bay	20	9	9	0	2	55	67	20	6-3-0-0	3-6-0-2	5-5-0-0	L2
Winnipeg	20	8	9	2	1	58	65	19	5-3-0-0	3-6-2-1	5-3-2-0	W3
Carolina	22	8	11	2	1	53	72	19	5-5-0-1	3-6-2-0	3-7-0-0	W2
NY Islanders	18	5	10	2	1	35	61	13	5-5-1-0	0-5-1-1	2-6-2-0	L2

WESTERN CONFERENCE

	GP	w	L	OTL	SL	GF	GA	Pts	Home	Away	Last 10	Strk
d-Minnesota	20	12	5	2	1	47	40	27	7-2-1-0	5-3-1-1	9-1-0-0	W4
d-Chicago	21	12	6	1	2	71	67	27	7-1-0-2	5-5-1-0	5-4-1-0	L2
d-San Jose	18	12	5	1	0	57	43	25	5-3-1-0	7-2-0-0	7-2-1-0	W3
Los Angeles	21	11	7	1	2	52	50	25	6-5-0-1	5-2-1-1	5-4-0-1	W1
Nashville	20	10	6	3	1	55	54	24	4-3-2-1	6-3-1-0	5-2-3-0	L2
Dallas	20	21	8	0	0	53	55	24	7-3-0-0	5-5-0-0	5-5-0-0	W1
Edmonton	21	11	8	0	2	57	51	24	6-2-0-1	5-6-0-1	4-6-0-0	W1
Detroit	19	11	7	1	0	53	43	23	7-2-1-0	4-5-0-0	6-3-1-0	W2
Phoenix	19	10	6	1	2	54	49	23	5-3-1-1	5-3-0-1	6-3-1-0	L1
St. Louis	20	10	8	0	2	50	46	22	7-2-0-1	3-6-0-1	5-3-0-2	L2
Vancouver	20	10	9	0	1	58	57	21	5-3-0-1	5-6-0-0	6-4-0-0	W1
Colorado	21	9	11	1	0	56	65	19	3-7-0-0	6-4-1-0	2-7-1-0	L1
Calgary	19	8	10	1	0	42	51	17	4-5-1-0	4-5-0-0	4-6-0-0	L1
Anaheim	20	6	10	1	3	41	62	16	4-6-0-0	2-4-1-3	1-6-1-2	L4
Columbus	20	5	13	0	2	47	70	12	4-6-0-1	1-7-0-1	4-5-0-1	W2
			-			-						

d — division leaders ranked 1-2-3 regardless of points; a team winning in overtime or shootout is credited with two points and a victory in the W column; the team losing in overtime or shootout receives one point which is registered in the OTL (overtime loss) or SL (shootout loss) column.

Last night's results

Boston at Buffalo Columbus at New Jersey Philadelphia at N.Y. Islanders St. Louis at Pittsburgh Winnipeg at Washington Montreal at Carolina

N.Y. Rangers at Florida Nashville at Minnesota Los Angeles at Dallas Vancouver at Colorado

Calgary at Detroit

Anaheim at Phoenix Chicago at San Jose Tuesday's results

Toronto 7 Tampa Bay 1 Edmonton 6 Nashville 2 Los Angeles 3 St. Louis 2

Tomorrow's games All times Eastern

Detroit at Boston, 1 p.m. New Jersev at N.Y. Islanders, 1 p.m. Montreal at Philadelphia, 1 p.m. Edmonton at Minnesota, 2 p.m. N.Y. Rangers at Washington, 4 p.m. Chicago at Anaheim, 4 p.m. Ottawa at Pittsburgh, 7 p.m. Winnipeg at Carolina, 7 p.m. Buffalo at Columbus, 7 p.m. Tampa Bay at Florida, 7:30 p.m. Calgary at St. Louis, 8 p.m. Toronto at Dallas, 8:30 p.m.

Vancouver at Phoenix, 9 p.m.

TUESDAY

MAPLE LEAFS 7, LIGHTNING 1

First Period 1. Toronto, MacArthur 7 (Gardiner, T.Connolly)

2. Tampa Bay, Lecavalier 9 (Stamkos, Malone) 8:38 (pp)

3. Toronto, T.Connolly 3 (Kulemin, Franson) 17:56 (pp)

4. Toronto, Bozak 3 (Kessel, T.Connolly) 19:22 (pp) Penalties — Dupuis Tor (hooking) 3:27, Gardiner Tor (hooking) 7:42, Hedman TB (double highsticking) 16:20, Kubina TB (interference) 18:44. Second Period

5. Toronto, Colborne 1 (Frattin, Liles) 17:45 Penalty — Rosehill Tor (holding stick) 4:26. Third Period

6. Toronto, Bozak 4, 3:07 7. Toronto, Lupul 11 (Bozak, Phaneuf) 4:28 8. Toronto, Crabb 3 (Frattin, Gardiner) 14:28 **Penalties** — Franson Tor (hooking), Purcell TB (diving) 1:13, Shannon TB (tripping) 2:29, T.Connolly Tor (interference) 2:52. Gardiner Tor (holding) 11:17, Gardiner Tor, Stamkos TB

(double roughing) 18:11. Shots on goal

Toronto	8	10	8	-26						
Tampa Bay	13	6	9	-28						
Goal (shots-saves) - To	oronto	: Gus	tavss	on						
(W,6-4-0); Tampa Bay: F	Roloso	n (L,	6-6-1	(21-						
15), Garon (4:28 third)(5-4). Power plays										
(goals-chances) — Toronto: 2-4; TB: 1-6.										
Referees - Tom Kowal,	Dan 0	'Rou	rke. L	ines-						
men — Brian Murphy, Pi	ierre R	acico	t.							
Att 0 (19,204) at Tan	npa, Fl	a.								

TUESDAY

OILERS 6, PREDATORS 2

First Period
1. Edmonton, Horcoff 5 (Nugent-Hopkins, Hall) 9:31 (pp) 2. Edmonton, Hemsky 2 (Smyth, Eberle) 11:39

3. Edmonton, Eberle 6 (Hall, Nugent-Hopkins) 15:51 **Penalties** — C.Smith Nash (hooking) 9:09, Smithson Nash (holding) 13:45.

Second Period — No Scoring.

Penalties — Smyth Edm (hooking) 6:52, Gilbert Edm (holding) 8:01, Petry Edm (hook ing) 12:24, Gagner Edm, Halischuk Nash (fighting) 15:22.

Third Period

4. Edmonton, Eberle 7 (Smyth, Smid) 5:00 5. Nashville, Tootoo 1 (Weber, Suter) 11:32 (pp) 6. Edmonton, Petry 1 (Belanger, Hemsky) 12:22 (pp)

7. Edmonton, Horcoff 6 (Gagner, Jones) 15:03 8. Nashville, Blum 2 (Fisher, Tootoo) 19:40 Penalties — Teubert Edm (interference) 5:46. Kostitsyn Nash (interference) 6:50, Teubert Edm (tripping) 11:26, Suter Nash (elbowing) 12:07, Plante Edm (cross-checking) 15:31.

Shots on goal Edmonton Nashville

13 7 12 -32 3 18 11 -32 Goal (shots-saves) — Edmonton: Dubnyk (W,3-4-0); Nashville: Rinne (L,10-5-4)(13-10), Lindback (start second)(19-16). **Power plays** (goals-chances) - Edmonton: 2-4; Nash: 1-6. Att. - 16,838 (17,113) at Nashville, Tenn

KINGS 3, BLUES 2

1. St. Louis, Steen 8 (Oshie) 1:07 Penalties — Arnott StL (tripping) 1:50, Moreau LA (high-sticking) 5:37, Fraser LA, Nichol StL (fighting) 17:18, Clifford LA (hooking) 18:04. Second Period

2. Los Angeles, Kopitar 10 (Richards) 7:36 (pp) **Penalties** — Hunter LA (slashing) 3:00, Reaves StL (interference) 5:41. Pietrangelo StL (interference) 10:24, Porter StL (cross-checking) 16:59, Clifford LA (high-sticking) 19:01,

Pietrangelo StL (slashing) 20:00. Third Period

3. Los Angeles, Richards 9 (Loktionov) 4:41 4. St. Louis, Sobotka 2 (D'Agostini, Russell) 12:28 5. Los Angeles, Mitchell 1 (Gagne, Williams) 14:11

Penalties — Sobotka StL (roughing) 5:11, Gagne LA (hooking) 8:23, Doughty LA (cross-

checking) 19:58. Shots on goal

Los Angeles 8 11 9 —28 St. Louis 7 14 4 —25 **Goal** — Los Angeles: Bernier (W,2-2-0); St. Louis: Halak (L,3-7-2). **Power plays (goals-chances)** — Los Angeles: 1-6; St. Louis: 0-6. Att. - 18,178 (19,150) at St. Louis, Mo.

SCORING LEADERS

Kessel, Tor	16	14	30
Lupul, Tor	11	15	26
Giroux, Pha	11	15	26
Versteeg, Fla	11	14	25
Vanek, Buf	11	13	24
Kopitar, LA	10	14	24
D.Sedin, Vcr	6	18	24
Ma.Hossa, Chi	9	14	23
Pominville, Buf	8	15	23
Smyth, Edm	11	11	22
Nugent-Hopkins, Edm	8	14	22
H.Sedin, Vcr	7	15	22
Last night's games not inc	luded		

CFL PLAYOFFS

GREY CUP

Sunday's game At Vancouver Winnipeg vs. B.C., 6:30 p.m., EST

FOOTBALL

CIS PLAYOFFS

VANIER CUP

Tomorrow's game At Vancouver McMaster vs. Laval, 9 p.m., EST

TENNIS

ATP

BARCLAYS WORLD FINALS

ROUND ROBIN SINGLES

Group A

David Ferrer (5), Spain, def. Novak Djokovic

(1), Serbia, 6-3, 6-1. Tomas Berdych (7), Czech Republic, def. Janko Tipsarevic (9), Serbia, 2-6, 3-6, 7-6 (6). **Standings:** x-Ferrer 2-0 (4-0), Berdych 1-1 (3-3), Djokovic 1-1 (2-3), a-Tipsarevic 0-1 (1-2), y-Murray 0-1 (0-2).

Group B
Standings: x-Federer 2-0 (4-1), Tsonga 1-1 (3-2), Nadal 1-1 (2-3), Fish 0-2 (1-4).

DOUBLES

Group A
Standings: x-Bryan-Bryan 2-0 (4-1), Lindstedt-Tecau 1-1 (2-2), Bhupathi-Paes 1-1 (2-2), Melzer-Petzschner 0-2 (1-4).

Standings: x-Mirnvi-Nestor 2-0 (4-1), Fyrstenberg-Matkowski 1-1 (2-3), Llodra-Zimonjic 1-1 (3-2), Bopanna-Qureshi 0-2 (1-4). x — clinched semi-final berth; a — alternate; y

– withdrew

SOCCER

CHAMPIONS LEAGUE

FIRST ROUND

(Home teams listed first) Vesterday's results

Bayer Leverkusen (Ger.) 2 Chelsea (Eng.) 1 Valencia (Spain) 7 Genk (Belgium) 0 Marseille (France) 0 Olympiakos (Greece) 1 Arsenal (Eng.) 2 Borussia Dortmund (Germ.) 1 Zenit St. Petersburg (Rus.) 0 APOEL (Cypr.) 0 Shakhtar Donetsk (Ukr.) 0 FC Porto (Port.) 2 AC Milan (Italy) 2 Barcelona (Spain) 3 BATE Borisov (Belar.) 0 Viktoria Plzen (Cze.) 1

SCOTLAND

(Home teams listed first) PREMIER LEAGUE Celtic 2 Dunfermline 1

ITALY

(Home teams listed first) COPPA D'ITALIA Fourth Round Bologna 4 Crotone 2 Chievo Verona 3 Modena 0

NFL

AMERICAN CONFERENCE

	W	L	T	Pct	PF	PA
New England	7	3	0	.700	293	203
N.Y. Jets	5	5	0	.500	228	217
Buffalo	5	5	0	.500	237	253
Miami	3	7	0	.300	193	186
SOUTH						
	W	L	T	Pct	PF	PA
Houston	7	3	0	.700	273	166
Tennessee	5	5	0	.500	203	195
Jacksonville	3	7	0	.300	125	180
Indianapolis	0	10	0	.000	131	300
NORTH						
	W	L	T	Pct	PF	PA
Baltimore	7	3	0	.700	256	176
Pittsburgh	7	3	0	.700	220	179
Cincinnati	6	4	0	.600	236	195
Cleveland	4	6	0	.400	145	193
WEST						

Pct PF PA .600 235 254 .500 205 247 .400 236 259 .400 144 252 W L T 6 4 0 5 5 0 4 6 0 4 6 0 San Diego Kansas City NATIONAL CONFEDENCE

Oakland

MAHOMAL	NATIONAL CONFERENCE													
EAST														
	W	L	T	Pct	PF	PA								
Dallas	6	4	0	.600	250	206								
N.Y. Giants	6	4	0	.600	228	228								
Philadelphia	4	6	0	.400	237	213								
Washington	3	7	0	.300	160	205								
SOUTH														
	W	L	T	Pct	PF	PA								
New Orleans	7	3	0	.700	313	228								
A.1			•		005	010								

Tampa Bay Carolina	4 2	6 8	0	.400 .200	182 225	268 286
NORTH						
	W	L	Т	Pct	PF	PA
Green Bay	10	0	0	1.000	355	212
Detroit	7	3	0	.700	301	219
Chicago	7	3	0	.700	268	207
Minnesota	2	8	0	.200	200	271

WEST Pct PF PA .900 256 145 .400 168 209

Seattle Arizona .300 190 236 St. Louis .200 120 WEEK 12

Today's games All times Eastern

Green Bay at Detroit, 12:30 p.m. Miami at Dallas, 4:15 p.m. San Francisco at Baltimore, 8:20 p.m. Sunday's games
Arizona at St. Louis, 1 p.m.

Tampa Bay at Tennessee, 1 p.m. Cleveland at Cincinnati, 1 p.m. Buffalo at N.Y. Jets, 1 p.m. Houston at Jacksonville, 1 p.m. Carolina at Indianapolis, 1 p.m. Minnesota at Atlanta, 1 p.m. Chicago at Oakland, 4:05 p.m. Washington at Seattle, 4:05 p.m. Denver at San Diego, 4:15 p.m. New England at Philadelphia, 4:15 p.m. Pittsburgh at Kansas City, 8:20 p.m. Monday's game N.Y. Giants at New Orleans, 8:30 p.m.

TRANSACTIONS

BASEBALL

AMERICAN LEAGUE

CLEVELAND INDIANS - Agreed to terms with OF Grady Sizemore on a one-year contract.
LOS ANGELES ANGELS — Agreed to terms with assistant general manager Matt Klentak on a multiyear contract.

MINNESOTA TWINS — Agreed to terms with

C Ryan Doumit on a one-year contract. TORONTO BLUE JAYS — Claimed C Brian Jeroloman off waivers from Pittsburgh.

NATIONAL LEAGUE

PITTSBURGH PIRATES - Agreed to terms with OF Brandon Boggs, RHP Kyle Cofield, RHP Jose Diaz, C Jake Fox, RHP Shairon Martis and INF Stefan Welch on minor league con-

FOOTBALL

BUFFALO BILLS — Placed RB Fred Jackson on injured reserve. Signed RB Tashard Choice. CINCINNATI BENGALS — Signed LB Bruce Davis to the practice squad

NEW ENGLAND PATRIOTS — Waived S Ross Ventrone. Signed OL Donald Thomas. Resigned CB Josh Victorian to the practice squad. NEW YORK GIANTS — Signed CB Will Blackmon. Placed CB Michael Coe on injured re-serve. Re-signed DT Dwayne Hendricks to the practice squad. Terminated the practice squad contract of DE Craig Marshall.
ST. LOUIS RAMS — Signed OT Thomas Welch

from Buffalo's practice squad. Placed CB Marauis Johnson on injured reserve. Signed CB Kendric Burney to the practice squad.

HOCKEY

LEAGUE OFFICE - Fined Los Angeles D Drew Doughty \$2,500 for cross-checking St. Louis F T.J. Oshie into the boards during Tues. game ${\sf NASHVILLE\,PREDATORS-Assigned\,F\,Niclas}$ Bergfors to Milwaukee (AHL).

NEW JERSEY DEVILS — Recalled C Tim Sesti-

to from Albany (AHL).
TAMPA BAY LIGHTNING — Recalled F Dana
Tyrell from Norfolk (AHL).

ΔHI

BINGHAMTON SENATORS — Assigned G Brian Stewart to Elmira (ECHL).
PROVIDENCE BRUINS — Signed F Adam Presizniuk to a professional tryout agreement. SAN ANTONIO RAMPAGE - Recalled E Garrett Wilson from Cincinnati (ECHL).

VICTORIA ROYALS — Signed G Coleman Vollrath and D Brodie Clowes

SOCCER

NEW ENGLAND REVOLUTION — Waived F Alan Koger, D Otto Loewy & M Andrew Sousa. PHILADELPHIA UNION — Waived G Thorne Holder and D Juan Diego Gonzalez. SPORTING KANSAS CITY - Waived D Scott Lorenz, M Jeferson, M Milos Stojcev and M Craig Rocastle.



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Final game for B.C. Lions coach?

Duono says he'll make decision on CFL future after Grey Cup He's seeking his fifth title as a head coach

He's won more games than any coach in CFL history and has the B.C. Lions poised to become just the fourth team in league history to win the Grey Cup at home.

But when Wally Buono walks off the B.C. Place Sta-

dium turf Sunday, it could be for the last time as a CFL head coach.

The Lions head coach/GM said yesterday during a Grey Cup news conference that win or lose Sunday, he will take time this off-season to decide

2002 The only season a Buono-coached team hasn't made the playoffs. He left the Stampeders after posting a 6-12 record.

whether he will return to

the sidelines in 2012.

"I said at the beginning of the year the relevance of success or failure is not related to whether I coach again or not," Buono said.

"After Sunday, I'll sit down and resolve it. That's the agreement Mr. Braley (Lions owner David Braley) and I have and I'm going to stick to my part of the agreement."

Buono reportedly is under contract with B.C. until January 2014. He is chasing a fifth Grey Cup win as a head coach and second with the Lions when the club faces the Winnipeg Blue Bombers on Sunday.

Buono has 254 regularseason head coaching wins and won two Grey Cups as linebacker and punter with the Montreal Alouettes (1974, '77). THE CANADIAN PRESS

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ANNOUNCEMENTS

Community Events

Saturday, November 26th 12:30 to 4 PM

HOLLY TEA AND BAZAAR
Christ Church Cathedral Hall
420 Sparks St.

Up-scale items, attic treasures, fine china, silverware, hand-crafts, linens, knitted dothing, jewellery, books, CDs, pet boutique, children's corner and a wide variety of home baking, jams, and preserves

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Call 613-236-9149 for Tea Tickets

metr@play

Crossword

Across	1	2	3		4	5	6	7		8	9	10	11
1 Household member 4 Shock	12		Т		13	T		Т		14			
8 Baby bed 12 Retirement plan acronym	15	Γ	Г	16		Γ	Γ	Γ		17			
13 Acknowledge 14 Humdinger			18				19		20				
15 Sports fans' party site	21	22				23		24					
17 With dexterity 18 Journey segment	25				26		27		28		29	30	31
19 Blue quality 21 Light colour 24 Frat-party need	32			33		34		35		36			
25 Matterhorn, for one	37				38		39		40		41		
26 Slight touch 28 Staff members?				42		43		44		45			
32 Pacific rings? 34 Standard	46	47	48				49		50				
36 Bar 37 Red Square tomb	51					52		53				54	55
occupant 39 Hee follower	56					57					58		
41 Rage 42 Silent 44 Deceived	59					60					61		

5 Eggs

6 Oodles

50 Legislation

Today's horoscope

T Aries March 21-April 20 If you

planned before you start a project.

chances are you won't get started

Gancer June 22-July 22 You

will do the exact opposite of what

others expect of you today.

52 Exhaust outlet

56 Gambling game

46 Lottery payment,

57 Mexican entree 58 Pen point

59 Verve

perhaps

51 Eye part

60 Old World duck

61 Society newcomer

Down 1 Trench

2 Geological period

3 Severe decline 4 Rough, as rocks

7 Adapt slightly

8 Din

9 Cartoonist Goldberg 10 Troubles

11 Purchases

16 Allow 20 Lair

21 Cover of aloom

22 Sheltered

23 Once around the

track

27 Scrooge's cry

29 Aid when airborne 30 Hibernia

31 Coaster 33 Springfield sur-

name

35 Aries

38 Greek consonants 40 Cricket-bat wood

43 Mongrels

45 Fool

46 Board game, cereal or magazine

47 Caspian Sea feeder 48 Actress Sorvino

49 "Just the facts, -"

53 "Rocks"

54 Slapstick missile

55 Recede

➤ Yesterday's answer

AMP CUES EWER

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For today's crossword answers and for expanded horoscopes, go to metronews.ca

Ω Leo Iuly 23-Aug.23 Anyone

keep in mind at all times that there who tries to tell you that you are is no such thing as a "sure thing" going about something in the you won't go far wrong. **Taurus** April 21-May 21 If wrong way will be treated with our usual Leo disdain.

friends and family choose to op-W Virgo Aug. 24- Sept. 22 You pose you don't push the issue. want to be taken seriously by your They'll come around eventually. peers, but that will only happen if II Gemini May 22-June 21 If you are clear in your own mind you try to have everything perfectly what it is you believe.

 ← Libra Sept. 23-Oct. 23 There's a whole world out there waiting to be dazzled by your brilliance.

M Scorpio Oct. 24-Nov. 22 You will be the centre of attention for quite a while to come.

₹ Sagittarius Nov. 23-Dec.

21 Do you take on more work or do you enjoy more leisure time? Only ou can decide

り Capricorn Dec. 22-Jan. 20 Before you move ahead with a cre-

ative project it might be wise to get some input from those whose advice you trust Aquarius Jan. 21-Feb. 18

Deep down you know there is something underhanded going on.)-(Pisces Feb. 19-March 20.

Don't put your hands over your ears and pretend you can't hear. SALLY BROMPTON

Sudoku

7			2		1			
1	5						4	6
	4			3		8		
	7		5	1				2
		1				9		
6				7	4		3	
		2		6			9	
4	9						6	3
			4		9			8

How to play

Fill in the grid, so that every row, every column and every 3x3 box contains the digits 1-9. There is no math involved. You solve the puzzle with reasoning and

Yesterday's answer ▶ 7 | 4 | 1 | 2 | 9 | 5 | 3 | 6 | 8

Send a

You can now post your kiss, and read even more kisses, online at metronews.ca/kiss.

Society, If you haven't yet donated to Movember, I strongly urge you to do so! It is a great cause and can do a lot of good. Please check out mobro.co/GeoffreyHoward to donate! GEOFFREY

Girl in Foxy Mask, If it were a date to be.. It would be you and me... Under the starry sky.. I just wouldnt wana say goodbye.. I jst wana love you with all my heart, n hey its not the end... its jst the start.... Secret admirer

Irresistible Prince Charming, My sweet darling, every time when I saw vou my heart raced fast speed... You are like a magnet! I am attracted to you... and I can't stop thinking of you and wanting you by my side... I think I love you too, very, very much! Just a kiss and my dream will come true... C. L. SLEEPING BEAUTY

Today



6'/3"



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KIRSTY WIGGLESWORTH/THE ASSOCIATED PRES

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2

Know what the weather will be 14 days from now. Check the 14 day trend.

TWN incorporates MSC data

Caption contest

"I'm not sure this new Twister-Tennis will catch on!" ANDREW



write it!

Write a funny caption for the image above and send it to plav@metronews.ca the winning caption will be published in tomorrow's Metro.

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"I can't believe how much we accomplished. We've lived in our home for years and didn't do anything, and that could have gone on forever. This motivated us to do stuff we were procrastinating about." – Chris Renwick, Episode 3





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